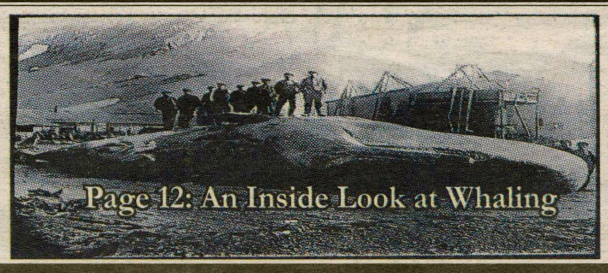
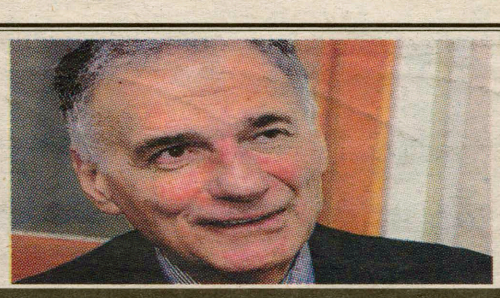
Page 10: An Exclusive Interview with Ingrid Michaelson



Page 12: An Inside Look at Whaling



Page 3: Nader Joins Presidential Race

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THE SPECTATOR

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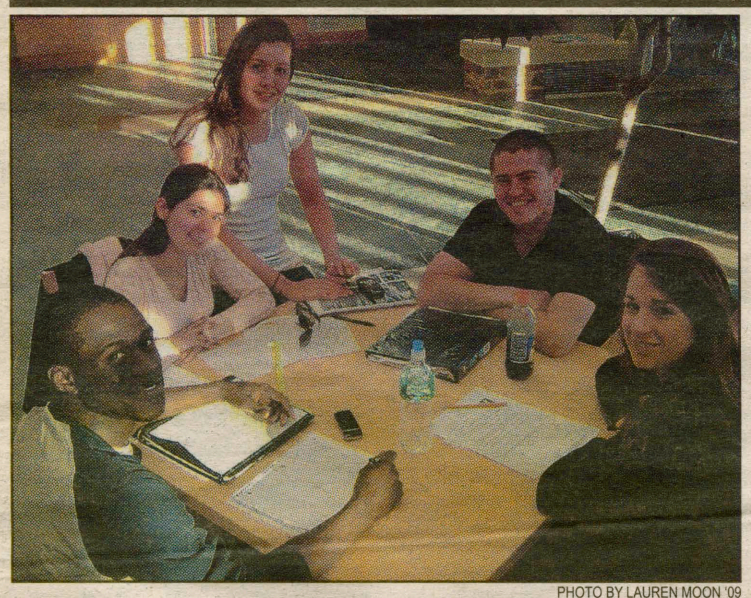


PHOTO BY LAUREN MOON '09

Students for International Public Health Awareness(SIPHA).

SIPHA Promotes Health Awareness

by Bessie Taliaferro '10
News Writer

On Friday, March 7, Students for International Public Health Awareness (SIPHA) will host a LateNite event to support Nurturing Orphans for Aids for Humanity (NOAH). The "Carnival for a Cause" will include a Moon Bounce, a masseuse, student bands, HEAT, TexMex food, and carnival games. The "Carnival" is supported by the LateNite fund, The Brothers, Hillel, and ELS. Students for International Public Health Awareness plan to throw many similar events in the future.

SIPHA is a new group on campus that provides students and faculty with information on public health issues through events, newsletters, meetings, and more. "The goal of this organization is to help save lives by raising awareness about ongoing public health projects around the world and to apply these principles within the local community," says member Max Akuamoah-Boateng '09. This semester the organization will raise funds to support Partners in Health (PIH), Operation Smile, and NOAH.

"Each of these organizations resonates on a personal level with all of the founders and we've received very positive feedback from members on these choices," says Amy Klockowski '09. "I am personally in contact with Operation Smile, an organization that sends medical teams to third world countries to surgically repair cleft palate cases, as well as provide emotional support for these patients."

Other group members include Elizabeth Faroh '08, Frannie Carley '10 and Akuamoah Boateng. Dylan Palmer '09 is the group's enthusiastic founder. "Max Akuamoah-Boateng and I have been talking about doing this since the beginning of the year," said Palmer. "Finally, after much discussion as to what we would actually do and how to do it, we began to structure goals for the club." The club is also trying to bring a Hamilton alumnus to campus through the Biology department to discuss his research on tuberculosis.

SIPHA has biweekly meetings at 8 p.m. in the Science Center Atrium. Each meeting focuses on a different public health issue.

PHOTO COURTESY ERIC THOMAS '09

Page 2: Students participate in array of spring break trips.

HEAG & RTF Aim to Reduce Waste with Mug Campaign

by Eloise Walter '11
News Writer

Last week, RTF (the Recycle Task Force) and HEAG (Hamilton's Environmental Action Group) distributed free mugs to Hamilton students. The mug give-a-way was funded by the Physical Plant in an effort to minimize waste at Hamilton as part of a larger program called RecycleMania, in which colleges compete to see which institutions recycle the most. RTF and HEAG's mug distribution represents a simple way Hamilton students can reduce waste by using mugs instead of paper cups.

RTF and HEAG spread awareness about recycling, as over 800 students signed an environmental pledge to receive a free mug. The pledge asked students to reuse materials, to recycle their trash, and to minimize the amount of trash they create. Ryan Seewald '10, a RTF member, said that "throwing trash in proper recycling containers and reusing the back of your homework are two worthy examples of contributing to RecycleMania." Seewald also explained that even if students do not use mugs over paper cups, they should know that Commons paper cups are recyclable whereas McEwen cups are not.

HEAG and RTF also designed ways to recycle with an incentive; if students use a recyclable container twenty times at the diner, they will receive a bonus meal. Both organizations are also offering a $15 pizza certificate for students who use their mugs.

PHOTO BY MELISSA BALDING '09

Students enjoying their environmentally-friendly mugs.

Compared to other schools, Hamilton's recycling efforts need improvement. Hamilton's standing in RecycleMania is 59 out of 100 colleges; Hamilton recycles 16 percent of its total waste, while other colleges like Kalamazoo recycle 50 percent of their waste. Hamilton recycles a total of six pounds per person and has a cumulative waste of 40 pounds per person. If every student and faculty member starts contributing to RecycleMania, Hamilton can increase its standings significantly. Like other NESCAC schools have already done, HEAG plans to implement organic composting to improve Hamilton's ranking in RecycleMania.

The mug distribution was the first major event RTF funded to motivate students to recycle. "Most of what we're focusing on now is making it easier for students to recycle," said Seewald. RTF and HEAG also plan to increase the number of recycling barrels around campus and create more informative recycling posters to remind students of their duty. If any students can think of other ways to help, HEAG meetings are every other week at 7 p.m. in the Glen House.

Adler Conference to Discuss "Privilege and Exclusion"

by Andrew Pape '10
News Contributor

So what is the Adler Conference you ask? Well, officially it is "Student Assembly's annual large-scale conference with a goal of discussing and developing solutions to an overarching campus issue." Community members, students, faculty, administrators, and employees discuss a designated issue and relevant subtopics to work towards specific recommendations.

This year's Adler Conference is just around the corner on March 7–March 9. Student Assembly looks forward to campus-wide participation and enthusiasm. The theme for 2008 is "Privilege and Exclusion: Hamilton's Educational Environment."

This year, the Adler Conference will be a dynamic blend of performance, art, outside speakers, and internal discussion. The conference will kick off Friday March 7 at 7 p.m. with Rhymelab, featuring Hamilton talent along with several special guests. Saturday will consist of several external speakers and workshops. After a luncheon, attendees will return for small group dialogue. This group discussion is the heart of the conference, as it allows students, faculty, administrators, and community members to sit at the same table to discuss issues and develop real solutions. Sunday will bring a brief wrap up of the conference with a Hamilton speaker and a summation of the collective findings from Saturday's discussions.

Other exciting events that have been planned in coordination with the Adler Conference are the Guerilla Girls performance and workshop on Saturday March 8 at 4 p.m. in KJ Auditorium, and a screening by filmmaker Jamese Wells, followed by a discussion of her film *Spirit of Resistance* on Saturday evening. The week leading up to the Adler Conference is both Multicultural Week and Arts and Social Justice Week, which will feature a plethora of speakers and events.

To reserve your spot at this year's Adler Conference and make your voice heard about campus policies, please RSVP with your meal card number to adler@hamilton.edu. This address is also available for any questions about the conference.

Spring Break Trips Planned for Across the U.S.A.

by Kara Labs '09
News Writer

For two weeks in March Hamilton students disperse during spring break. Many students travel to warm, exotic places that are far away from the cold, snowy hill. But not every Hamiltonian ends up at a hotel, on a party boat, or at the beach. Each year, many students travel south to different communities for philanthropic work with Alternative Spring Break. This year, Hamilton students will embark on great adventures in California and the Florida Everglades with the Hamilton Outing Club. Others will stay close to the hill, in Utica, to help better the community. The Hamilton College Choir will travel to the Midwest for a musical tour in various churches.

Alternative Spring Break (ASB) is taking six groups of students south for many different types of work. The four trips traveling the first week of break include Cumberland Trails in Tennessee where students will help to clean up trails led by Maura Kernan '08 and Cuffie Winkler '10; Habitat for Humanity on John's Island in South Carolina, where the group will do construction work led by Taylor Brady '08 and Justin Mulvey '09; Hands On Gulf Coast in Biloxi, Mississipi where students will participate in Hurricane Katrina relief work led by Kat Kenney '08 and Mikhail Bell '08; and Burgaw Elementary School in Wilmington, NC, where students will do community outreach work led by Emily Johnston '10 and Megan Herman '09.

The two trips departing on the second week of break are: Habitat for Humanity in Thibodaux, Louisiana where students will perform construction work led by Julian Brody '10 and Maura Donovan '09; and Land Between the Lakes in Golden Pond, Kentucky where students do environmental clean-up led by Ben Van Arnam '09 and Rachel Bigelow '10.

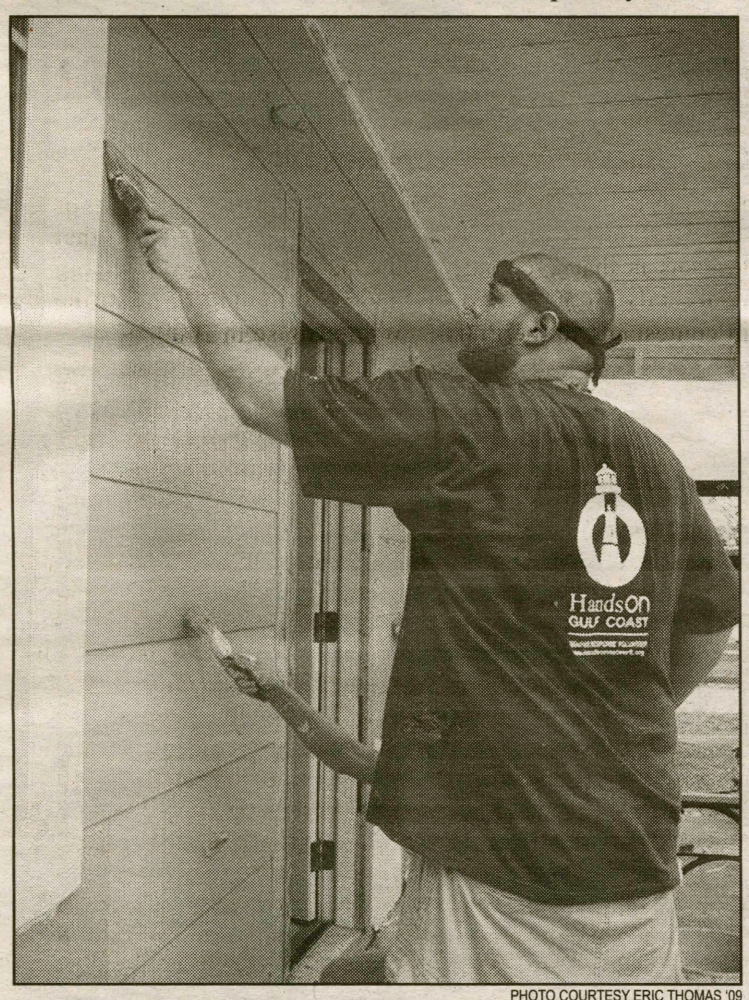


PHOTO COURTESY ERIC THOMAS '09

Last year Matt Bradley '07 painted a house with the Hands On Golf Coast Organization. Hamilton students will be in Mississippi again to work with HOGC.

There are still spots left on a few trips. If students are interested in joining ASB they should contact Maura Kernan (mkernan) or Kat Kenney (kkenney), the ASB coordinators for 2008. On Thursday March 6, ASB will be having a fundraising auction in the Tolles Pavillion from 10 a.m. until 8 p.m. Participants will auction off local gift certificates and merchandise. "Snack time will be held in the annex on this day to encourage students to take a look around the auction, and at 6 p.m. we will have a catered dinner by Tex Mex while enjoying the sounds of the Hamiltones," said Kernan. She added, "Beginning at 6:30 p.m. we will have a live auction to auction off greater valued items. Everyone is welcome to come to all parts of the auction. TexMex is catering the auction for free."

On March 16 through the 25, two groups of students will embark on two very different trips. One group will be going to Big Sur, California, on the coast about 150 miles south of San Francisco, to hike in the Ventana Wilderness. They will be looking out for condors, orcas, elephant seals, sea otters, and gray whales, while enjoying the virgin Redwood forests, thermal springs, and steep-sided ridges. This is a moderately strenuous trip, and there will be enough time to do some country cooking while on the hike. The second group will be traveling to the Florida Everglades to kayak. Participants will travel on one of the top ten paddling routes in the country, the 100-mile Wilderness Waterway. Students will paddle about 14 to 18 miles per day and set up camp each night along the Gulf Coast. They will be on the lookout for many different kinds of birds, sharks, dolphins, and alligators. The deadline to sign up for both trips is March 1.

A group of about 10 students and coordinator Chrystal Pridemore will stay at the Westminster Presbyterian Church in Utica. The Urban Service Experience (USC) will work with youth with the Thea Bowman House and JCTOD Outreach organization in Utica. Pridemore said that the students will work at the "Thea Bowman house in their pre-k classrooms and in their after-school programs, both of which will give students the opportunity to learn about Utica, problems that youth are faced with, youth education, and will be able to make academic connections to courses and/or homework they have done in the past and in the future as well." They will also be volunteering in Thea Bowman House's food pantry and teen program.

PHOTO COURTESY TOM MORRIS '07

Members of last year's Hamilton College Choir Tour.

USE participants will also spend a day at JCTOD where they will interview and talk with community residents about the JCTOD programs. They will speak with parents and children about the problems that low-income families face. Hamilton students will have the opportunity to volunteer one evening in JCTOD's after school youth program.

"Over meals, particularly lunch, students will be meeting with various community members to learn about different topics such as the City of Utica, the TAP survey, refugees, and about the College Town Project, among other things," said Pridemore.

USE's overall goal is to reach out to, connect with, and help to improve the surrounding communities associated with Hamilton College. Pridemore said that "This year, for the first time, USE will be a part of a larger project to bring various colleges and universities in the area together."

Finally, the Hamilton College Choir will tour the Midwest this year, traveling to many different churches. The first stop on the tour is Orchard Park Presbyterian Church in Buffalo, NY. From there they will head to Cleveland, Ohio to perform at Trinity Cathedral.

Next they will travel to Appleton, Wisconsin and make an appearance at the First English Lutheran Church. The choir will then head to the Trinity United Methodist Church in Wilmette, Illinois. While in Illinois, they will travel to Chicago and perform at the Holy Family Church.

The final two destinations are the College Hill Presbyterian Church in Cincinnati, Ohio and the First Baptist Church of Pittsburgh in Pittsburgh, Pennsylvania. The tour is seven days long, from March 13 to the 19.

The genre encompasses both sacred and secular works. The program includes pieces by Handel, Lassus, Monteverdi, Pinkham, Barber, and Whitacre. The choir will also sing a medley from the Beatles and some folk songs and spirituals. Many alumni and families will get the chance to attend concerts at the different venues.

Hamilton students will be spread out this spring break, working to better the communities that they travel to, seeking adventure, and gaining valuable life experiences.

Student Assembly: News From Monday's Meeting

The Student Assembly heard a report on the Hamilton College Budget by Karen Leach, Vice President, Administration and Finance. What follows is only a short summary of some key budget goals.

Budget Goals for 07-08 (Approved by the Trustees)

* Sustain financial aid
* Increase student activity fee
* Reduce special endowment draw
* Fund debt service on $30 million borrowing for KJ
* Achieve AAUP1* goal for faculty (goal for recruiting new faculty; Hamilton pays faculty at the top of the national average so that students get the best education possible)
* Increase plant renewal
* Get off "most expensive" tuition list

For comprehensive coverage of Karen Leach's presentation on the College's budget, including figures and information on revenue, endowment, spending and future goals, see the SA weekly minutes.

Committee Reports

* Diversities & Accessibilities
  - o The committee discussed the need for dividing the diversity and accessibilities departments, as well as study abroad and international students and allocating staff to each.
  - o The Committee encourages all members of the Hamilton Community to attend the Diversity and Accessibility meetings on a regular basis. The committee will meet again next week.
* Facilities
  - o The committee is working on issues with flooding on campus.
* Social Traditions Committee
  - o The committee is working on Croakies (sunglass holder) for a Cause. The funds will go to a local refugee center.
  - o Spring on the Hill will take place May 4, 2008. The committee is continuing to work on this project.
  - o The committee is working to compile a traditions book for future Hamilton generations.
  - o The new Student Assembly website is up and running. The construction is on-going, so check back for additional features soon. www.hamilton.edu/studentassembly

The Spoiler Effect: Nader Joins the Campaign

by John Molfetas '09
Insights & Ideas Writer

A few days ago, Ralph Nader announced that he was running for President in 2008 as an independent candidate. Nader is a distinguished lawyer and a left-leaning political and social activist, and he ran for President in 2000 and 2004 with the backing of the Green Party and as an independent candidate, respectively. Back in 2000, Nader was blamed for handing over the election to George Bush because of the so-called "spoiler effect."

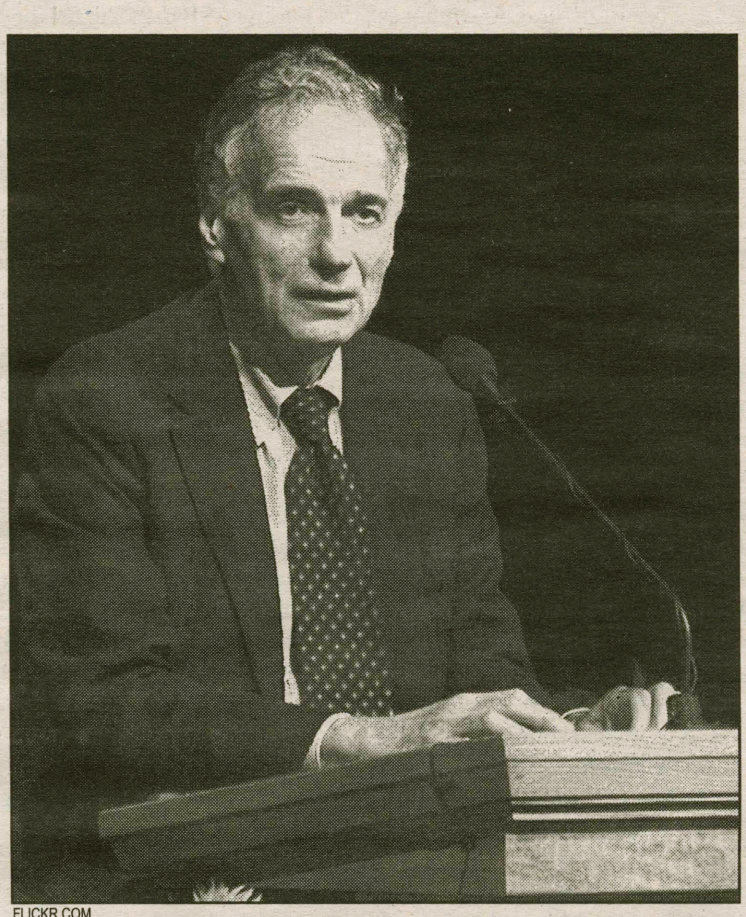
The argument was that Nader, who received around three percent of the vote—approximately three million votes—took away potential voters from Al Gore and allowed George W. Bush to carry the state of Florida by a mere 500 votes (Nader himself received 90,000 thousand votes in Florida). The same argument is coming up again. Democratic pundits, campaigners, and activists are worrying that Nader will once again spoil the election and hand it to the Republicans.

Let's be realistic. Nader will probably receive no more than one percent of the total vote. He is therefore no strong competitor in the race to the White House. In 2008 Democrats have everything on their side: momentum, a failing economy, a collapsing social security system, an ongoing stalemate in Iraq, increasing instability in Afghanistan, and the rhetoric of change.

The sheer number of voters in the Democratic primaries (partly attributed to the charisma of Barack Obama) is double that of those in the Republican primaries. Furthermore, socially conservative voters are weary of McCain's more moderate positions on issues such as immigration and are likely to abstain in November. Ann Coulter said on Fox News that if McCain were the nominee she would vote and campaign for Hillary Clinton!

In short, if the Democrats cannot win this time and if they cannot win big, they will never win. If they lose in November, they should abandon American politics and move to Canada. The argument that Nader will steal the election away from the Democrats is not valid due to the huge momentum and participation on the Democratic side.

A true democracy is based on the conflict and synthesis of different, often radical opinions. The strength of a democracy is measured by the span of the divergent political opinions. According to this, no one can prohibit Nader from entering into the race. It is his democratic right to participate in the democratic process. The Democrats and the Republicans should hail his candidacy as a contribution to the democratic process and should not complain about it.



FLICKR.COM

Old-hat presidential candidate Ralph Nader.

What should trouble the Americans is that eventually, there are only going to be two main contestants in the Presidential Election; therefore, third party candidates are marginalized and are viewed as irrelevant to the political process. The lack of a third party and an alternative voice may be undermining the democratic and participatory process. It is possible that a parliamentary style system would allow for a greater range of opinions to be heard while still ensuring that the necessary checks and balances exist.

The fear that the Democrats have when referring to Nader's electoral bid reveals that the Democrats are completely insecure with themselves, (even when the tide is with them). The Democrats are afraid that they may lose in November for the third time in a row and are therefore already finding scapegoats for problems.

A party that had true confidence in its ability to win would not be even mentioning Nader and his marginal political appeal, as it would be certain of victory. Instead of focusing on Nader and the one percent that will vote for him, the Democrats should focus on McCain, who is carefully wooing independents and large segments of the middle class, segments that the Democrats have to win big if they are going to be in the White House in 2009.

Thumbs up

Team UC Ice Hockey.

Ratatouille wins Best Animated Feature… hopefully this will shed a positive light on the Commons rat crisis.

Free mugs in the Mail Center. If you really cared about recycling, you'd come up with reusable Beirut cups.

Leap year… just another excuse to party. Does Hamilton have a drinking problem? I don't know, see Who Cares.

Thumbs down

The only thing more toolish than wearing a jersey to IM B-League hockey is treating it like the NHL…P.S., the Penguins suck.

Weekly Updates on the Hill Card… here's an idea, update me when it doesn't suck.

Facing down the snowbrush monster on a narrow path. I always thought my death would be like this, I just hoped it wouldn't be when I was walking back from the Health Center with free "ointment."

Medical Pre-Lottery… apparently you can't get sweet housing if you write "Ill sick-nasty."

Who Cares?

Does Hamilton have a drinking problem? I don't know, do you like to party?

Does Hamilton have a drinking problem? I don't know, does Olde English come in 30-racks?

Does Hamilton have a drinking problem? I don't know, can you play Edward 40-hands with Jack Daniels?

Does Hamilton have a drinking problem? Maybe...

by Sarah Cornblath '08
& Anthony DelConte '10

INSIGHTS & IDEAS

Letters to the Editor

Re: ***Hamilton's Alcohol Problem****, February 22, 2008*

Dear Spectator,

This letter to the editor is written in response to the article, "Hamilton's Alcohol Problem," from the February 22nd edition of the Spectator. Let me begin by acknowledging that there are indeed objectionable instances of excessive alcohol consumption at Hamilton College. Young adults here and elsewhere abuse substances as a means to a good time, and even abuse substances as an end unto itself. But Mr. Currier, in his passionate declamation of the "pathetically deteriorated student social life," has, I think, inaccurately represented and unfairly insulted members of the college community.

First, I would like to address Mr. Currier's false dilemma – that what he calls "genuine social interaction" and "alcohol consumption" are mutually exclusive – and its implication, that there exists no gradation between the two terms. I think millions of adults (the world over, and for much of human history) could give account of a happy intersection of these activities.

Indeed, drinking has special and socially important cultural functions in most communities around the world. Drinking (of course here I mean moderately) and genuine social interaction can and do coexist. The author might concede this point but respond by saying that at Hamilton, genuine social interaction, and alcohol consumption do not coexist. If he means to argue that Hamilton alcohol consumption is exclusively excessive, or excessive for the majority of Hamilton students in the majority of situations, I think he has allowed the loud minority to disproportionately color his understanding of most instances of alcohol consumption on this campus. Do "Spirituality on Tap," FebFest beer and wine tastings, and casual common room gatherings really lack genuine social interaction or "meaningful discussion?"

Second, I wish to address the moral underpinnings of Mr. Currier's argument – his implicit judgment of alcohol consumption as intrinsically wrong. He writes, "apparently, they cannot find joy and fulfillment within themselves and others, but, rather, in bottles… This is not helping any of us become better people… we have failed to carry ourselves with class and dignity – much less basic maturity – and failed to help our peers do the same… we must not allow ourselves to use alcohol to mask other, deeper problems." But alcohol consumption is not an intrinsic evil, just as it is not an intrinsic good. Any reasonable person would agree that gross overeating, for example – to the point of morbid obesity for a majority of students – would be a bad thing, but that doesn't make food itself evil.

Furthermore, he states that "all of us are complicit in this failure." Who is the author really implicating in these statements? Are all of us morally responsible for the gross abuses of alcohol that a small minority engages in? On what grounds are those of us who do not abuse alcohol or even drink whatsoever accountable? If I am significantly responsible for failing to "help my peers" carry themselves with class, dignity, and basic maturity, am I not also significantly responsible for helping my peers not to cheat, not to lie, not to steal, etc.? I don't find some kind of social determinism which implicates the entire society for the faults of some of its members to be a sound or pragmatic moral framework.

Again, the author's only reasonable defense would be that he means these moral judgments to apply exclusively to those cases of extreme drinking. I agree with the author that there are serious problems in those extreme situations – but he is still accountable for painting his moral judgments with too broad a brush, and failing to consider or even mention in passing existing alternatives such as moderate social drinking. And he's managed to affront a number of students who do carry themselves with "class and dignity – much less basic maturity" in the process.

-Peter Mallozzi '09

Dear Spectator,

The social scene at Hamilton College is not as black and white as Mr. Currier seems to think. I did not drink during the entirety of my freshman year at Hamilton, but I still went to parties and hung out with friends. My social life did not materially differ from the average Hamilton student's. I was never pressured to drink or excluded from activities because I didn't drink. If your friends are excluding you because you do not drink, then perhaps it is time for you to reconsider who your friends are.

Going out encompasses so much more than just drinking. Students go out to have fun with friends, to forget for a few hours the paper they have due the following week, and to just have fun, regardless of alcohol consumed. If students do not wish to drink they are more than welcome to engage in other activities. They can hang out with their friends in a dorm or have their own parties, without alcohol. They can host and attend Late Nite events. They can go to Annex parties, or Bundy parties and simply chose not to drink. It can be done; it has been done.

Students make a choice to drink or not to drink or to only drink a little. We are in college now. We are all supposed to be adults, which means that we have to learn (if we haven't already) to make our own decisions, about drinking and about life.

As for students losing the ability to be responsible for themselves, I think that alcohol does little to change whether or not a student is responsible. The way people conduct themselves is a reflection of their personality and maturity level, not always the amount of alcohol they have consumed. Girls may cry in residence hall stairways whether or not they are intoxicated. Friends may treat each other badly, whether or not they are intoxicated. People do stupid things all the time, soberly. Drinking alcohol does not have to be synonymous with making a fool of yourself or being immature. It does not have to lead to a decline in a person's ability to be otherwise intelligent and fun loving.

I respect Mr. Currier's choice not to drink. I would be delighted to have a meaningful discussion with him over a cup of tea or hot chocolate (I don't drink coffee), but I would ask that he endeavor to be more accepting of others' choices. After all, we can only really make choices for ourselves.

-Diana Di Leonardo '10

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Re: ***CES Doesn't Solve Problem,*** *February 22, 2008*

Dear Editors,

As members of the Social Justice Initiative and two white, conscious, and concerned students, we are writing in response to the article that appeared in the February 22, 2008 Spectator on page 4, titled "CES Doesn't Solve Problem."

Our intention is to ignore obvious issues of syntax and address the more pressing issue of misinformation in the piece.

The proposed Cultural Education Center, or CEC, is intended to promote intercultural dialogue by including all Hamilton students, while prioritizing all non-dominant individuals at Hamilton College. Non-dominant status is informed by, but not limited to, race, class, gender, religion, sex, sexuality, and/or ability. While consciously not privileging dominant individuals, the CEC will engage these individuals in dialogue, collaboration, and coalition building leading to education and consciousness about systems of privilege and oppression. The CEC will also function to create collaboration and coalition between the groups sharing its spaces through the use of a common meeting area and library.

The primary goal of the CEC is to privilege the experiences of non-dominant individuals and provide them with a physical space on campus. The CEC will provide a "safe space" for these non-dominant individuals where they can express their views and opinions with confidence because in a safe space ideas are challenged, not the individuals who express them. A safe space is not necessarily a comfortable space, and this is intended because people learn the most when they are placed outside of their comfort zones.

The CEC is fundamentally different from a student union because of this issue of safe space. A safe space can be created anywhere, but once the individuals participating in that safe space leave, it ceases to be a safe space until it is reconvened. The CEC would be a permanent safe space. A student union, due to the fact that it maintains the inherent inequalities between dominant and non-dominant groups at Hamilton and in society, cannot fulfill this role. The CEC seeks to disrupt this power differential and therefore cannot be housed within a student union.

Furthermore, Hamilton claims to be committed to issues of diversity, but the physical spaces currently afforded to the organizations that would use the CEC reflect the marginalization and disregard for these groups on campus. A Cultural Education Center would be a powerful physical manifestation of the college's professed commitment and a symbol to legitimate the presence of non-dominant individuals at Hamilton.

We agree completely with the sentiment that a building without a change in perception of these important issues of privilege and oppression is insufficient. However, we believe that the creation of a Cultural Education Center is the most positive step forward in creating a more welcoming and affirming campus atmosphere.

Sincerely,

Kristy Thurrell '08
and Andrew Pape '10

Letters to the Editor Policy

THE SPECTATOR'S **LETTER TO THE EDITOR SECTION IS DESIGNED TO BE A FORUM FOR THE ENTIRE HAMILTON COMMUNITY TO DISCUSS AND DEBATE CAMPUS, LOCAL, NATIONAL AND GLOBAL ISSUES. PIECES PUBLISHED IN THE SECTION EXPRESS THE OPINION OF THE INDIVIDUAL WRITERS, AND ARE NOT NECESSARILY THE OPINIONS OF *THE SPECTATOR*, ITS EDITORS, OR THE MEDIA BOARD. LETTERS TO THE EDITOR ARE WELCOME FROM ALL STUDENTS, ALUMNI/AE, FACULTY, FRIENDS OF THE COLLEGE AND HAMILTON COMMUNITY MEMBERS. NEVERTHELESS, *THE SPECTATOR* HAS THE FOLLOWING POLICIES FOR SUBMISSION:**

1. Submissions are due by 10:00 p.m. on the Monday before publication. Submissions can be sent by email to spec@hamilton.edu or to the individual I&I editor (sbixby). The editors reserve the right to refuse any late submissions.
2. Letters should be no longer than 650 words.
3. Letters submitted anonymously will not be printed.
4. *The Spectator* will not edit letters for misspelling, poor grammar or diction.
5. *The Spectator* reserves the right not to publish any letter it deems inappropriate for publication.
6. If a piece is determined to be libelous, an unwarranted invasion of privacy, or an unnecessary and/or unwarranted ad hominem or personal attack, it will not be published.

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The Truth Has No Author

The Gossip Box

"For Whom Does the Bell Toll? DST, Maybe..."

The Rumor

Hamilton College's signature postcard feature, the Chapel, has been acting oddly lately, with the bells signalling a new hour ringing about ten minutes before the hour actually turns. In addition to frightening a certain writer who could have *sworn* he had more time before class started, the bell's premature reverberation may be signalling more than an improper calibration.

The Evidence

The Chapel's bells have accurately rung in every hour, on the hour, for decades without interruption. However, beginning at the end of last week, the Chapel's bells chimed almost ten minutes early, causing minor confusion for students trudging through snowdrifts the size of the Adirondacks to get to class. While classes on the Hill have started and concluded at their usual times, independent of the bell's seemingly random ringing, the bells have stayed unnervingly inaccurate. The impending arrival of Daylight Savings Time on March 30th may be a contributor to the change. Daylight Savings, or DST, requires the official time of much of the Northern Hemisphere to "spring forward," ostensibly allowing an extra hour of sunlight in the afternoon for the harvesting of wheat and outdoor entertainment during the summer. One of the complications of DST is "Black Monday," where people around the world, adjusted to sleeping in an hour later, startled and late for pretty much everything.

The Conclusion

Given that Hamilton students don't need any more of an excuse to sleep in and miss vital classes and activities, the College has started a secret program to adjust students to Daylight Savings Time without their knowledge. This way, when Black Monday arrives, instead of having a zombified student body shuffling to classes that ended an hour previous, Hamilton College can boast the most prepared students in the NESCAC.

THE GOSSIP BOX IS A GOSSIP PAGE WHICH PUBLISHES RUMORS AND CONJECTURE IN ADDITION TO ACCURATELY REPORTED FACTS. INFORMATION HERE MAY OR MAY NOT BE TRUE AND THE SPECTATOR MAKES NO CLAIM AS TO ITS VALIDITY.

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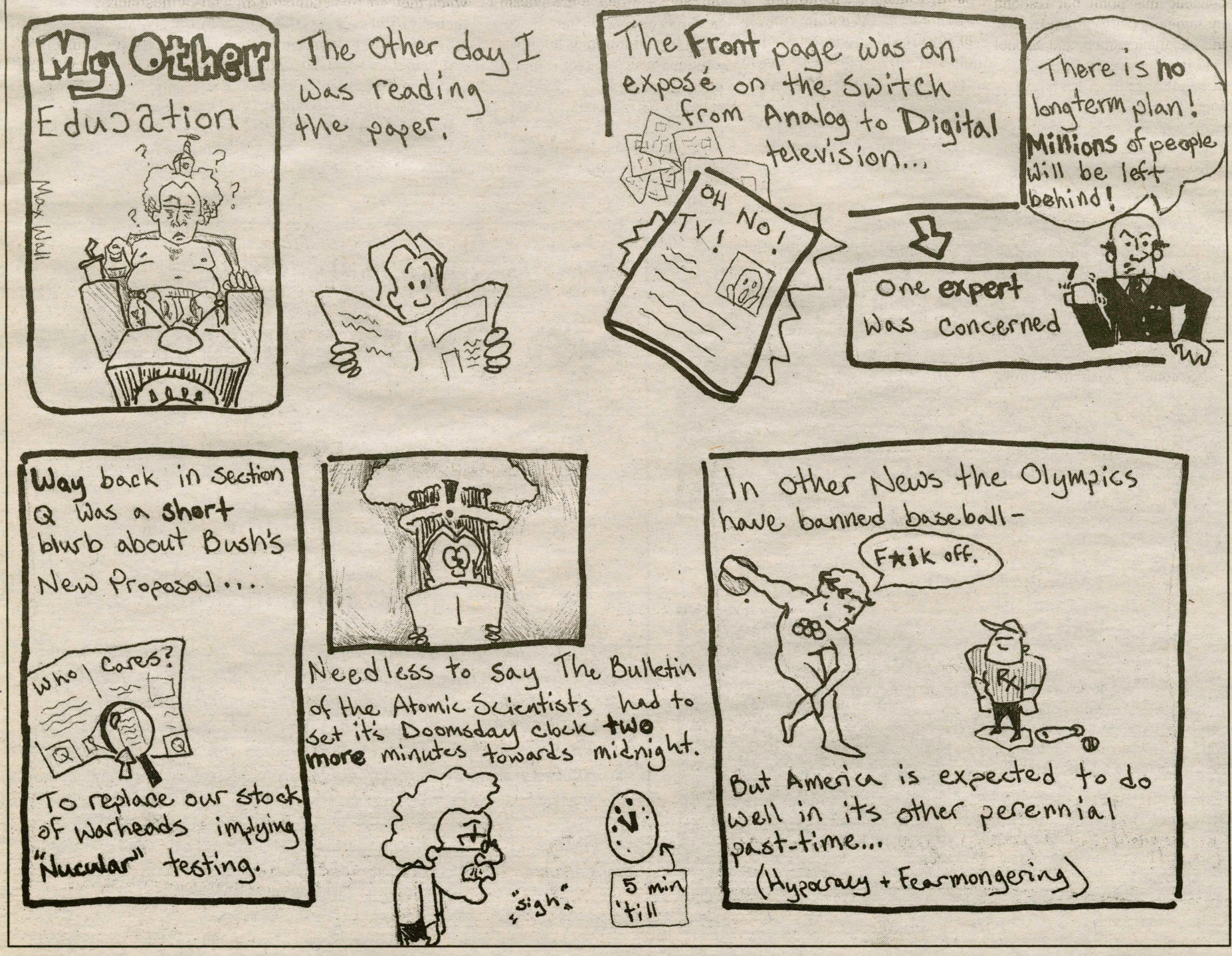
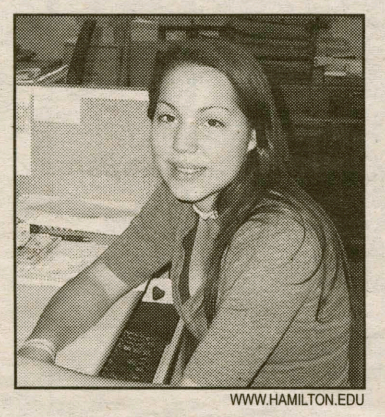

My Other Education
Max Wall
The other day I was reading the paper.
The Front page was an exposé on the switch from Analog to Digital television...
OH NO! TV!
There is no long term plan! Millions of people will be left behind!
One expert Was Concerned
Way back in section Q was a short blurb about Bush's New Proposal...
Who Cares?
To replace our stock of warheads implying "Nuculer" testing.
Needless to say The Bulletin of the Atomic Scientists had to set it's Doomsday clock two more minutes towards midnight.
"sigh"
5 min 'till
In other News the Olympics have banned baseball-
F*ik off.
But America is expected to do well in its other perennial past-time...
(Hypocracy + Fearmongering)

From Where I Sit: Whitebean '08 Reflects on Working with Utica Refugees

by Kateri Whitebean '08
FEATURES CONTRIBUTOR


WWW.HAMILTON.EDU

The hours I have spent in the classroom combined with the service hours I have put in at the BOCES Utica ACCESS site have greatly increased my awareness of other cultures, especially those represented within my immediate community. I have been a language tutor in Project SHINE (Students Helping in the Naturalization of Elders) in previous semesters; however, the structure of the ESOL class and the attention given to particular exercises and strategies to use as a tutor have become extremely valuable. This experience will be very helpful in my future endeavors. I have recently applied to teach English abroad through the Fulbright English Teaching Assistantship in South Korea and I hope to spend the next four to five years in a foreign country. The skills and knowledge that I have taken away from the "Methods in Tutoring the ESOL Student" Class and Project SHINE are valuable tools that I can apply to my future interactions with those from other countries who speak a completely different language.

The first two sessions I attended to tutor at the BOCES Utica ACCESS site were quite different to follow. During these sessions, there was a substitute teacher. He was very enthusiastic and delivered the lesson in a clear and concise manner. Taking part in the whole classroom dynamic gave me a better perspective on the difficulties of teaching to a classroom composed of various ages, genders, nationalities, and learning abilities.

I was placed at a table in the back of the room working with four students. The proficiency levels of this group were all different. It was difficult to attend to each student during the crossword puzzle activity we were doing because they were at different places. However, I observed that the students who were ahead did not hesitate to help the others with the spelling, meaning, and keeping on track. In this sense, combining students of various language proficiencies in the same classroom proved to be beneficial.

In the tutoring sessions to follow, the teacher picked specific individuals for me to work with in a separate classroom. Each week I worked with a new group of individuals (from a single person to a group of two or three). I have tutored students from Vietnam, Cambodia, Bosnia, Yemen, Afghanistan, and the Dominican Republic. The teacher tried her best to group individuals with the same abilities (although I quickly found out that there were significant disparities in language ability, be it in reading, writing, listening, or speaking within the groups). On more than one occasion, I was given students that had just started attending the classes.

From a cultural point of view and as a beginning tutor, it was beneficial to have multiple students from different backgrounds and with various language abilities. Being faced with a situation where *I had* to adapt the lesson plan or formulate a new game plan because of unforeseen factors (the activity involves writing and one of the students doesn't know how to write or the sounds of the letters and consonants, or I'm reading a passage and the student doesn't understand any of the vocabulary or concepts) made me a tutor better prepared for the next class. I've also learned that I sometmes have to resort to beginning material and the fundamentals of the English language (letter pronunciation, sentence structure, basic vocabulary, etc.).

Working with a different group of individuals each tutoring session may not be truly effective. In hindsight, I believe that it may have been better, not only for me **as** the tutor but also *for* the learner, if I were able to work with the same individual (or group of individuals) each session. That way I would *have been able* to track his progress and continue to work on areas of difficulty with that particular individual or group. I would have been able to develop a rapport with the learner and establish common goals and objectives for the remainder of the ten weeks. The teacher provided a lesson book and activity each week to work with during the tutoring session. I found that these lessons were very general and not tapered enough for the language abilities of the individual or group I was working with each week. Perhaps if I were able to work with a specific learner each time, I would have been able (and more inclined) to produce my own lessons and activities that were most effective for the language abilities of the given learner (assuming that I would develop a better understanding of what a specific learner needs to work on).

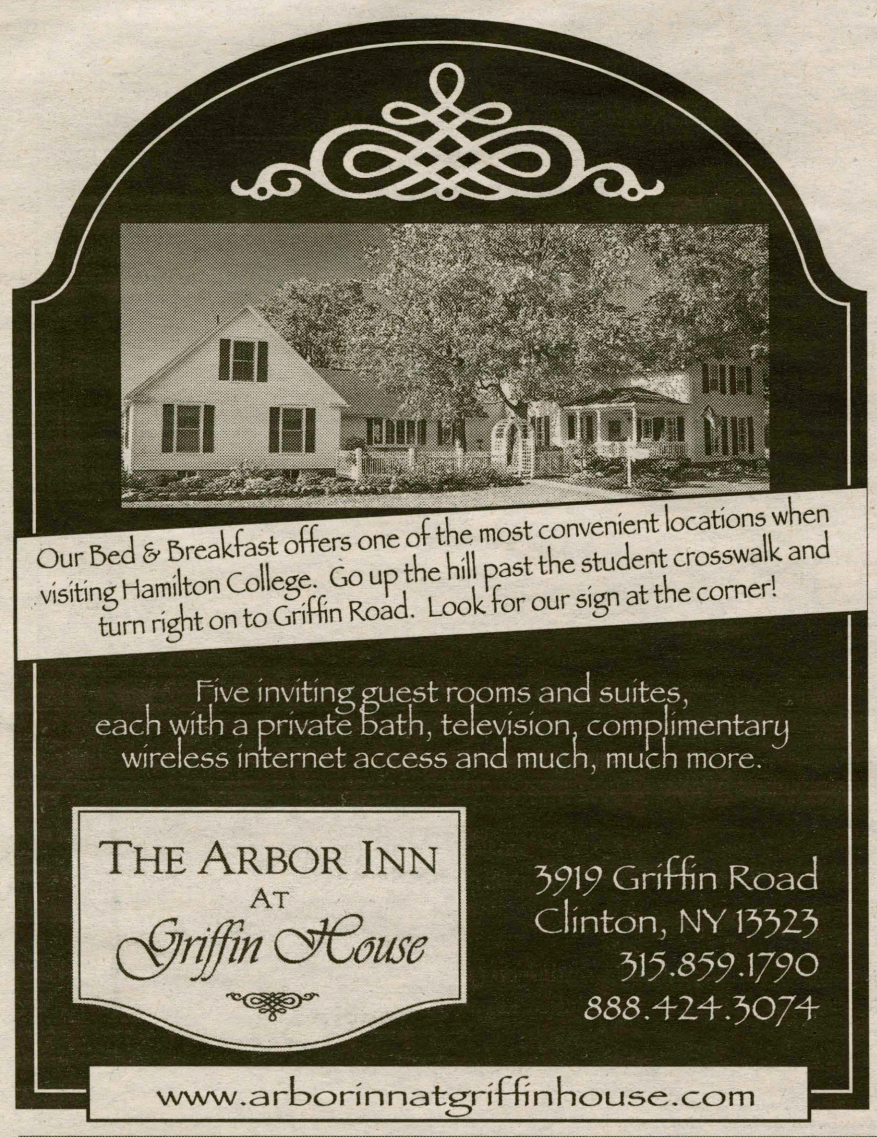
Throughout my sessions, I realized that it was important to engage in conversation with the refugees. I enjoyed talking to them about their home country and customs (which in some cases are much different than my own and even other learners'). We also talked about their families and current situations (how long they have been in the U.S., do they like it, how is it different, if and where they work, etc.).

I believe that conversational English is an important part of living in this society and it helps the learner understand and accustom themselves to speaking and listening to English on a more regular basis. On many occasions, I observed students talking in their primary language (Spanish, Vietnamese, Arabic, etc.). When this happened in the classroom (which it did very often), I realized the teacher didn't question or stop the student (perhaps because it was such a diverse and large class…).

Although I find it important to speak the language one is learning on a regular basis (learning French myself, I only retained information I spoke and wrote on a repetitive basis), I believe that is not easy sometimes. I had difficulty stopping my students from talking in their primary language, perhaps because of my lack of authority or age difference. I believe that speaking English is a valuable tool for refugees and immigrants throughout the entire day (at work, at the grocery store, at their child's school, etc.).

Project SHINE has been a great experience that has taught me many valuable tools in ESOL tutoring. The hands-on experience was essential to making this course effective. I believe that it is important to give back to one's community. With the continuing migration of refugees into the Utica area, this is a perfect opportunity to take part in the community and learn more about other cultures as well as one's own.

"From Where I Sit" is the ESOL column designed to integrate ihe persepctives of international students and community members and those who know them best.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The film will be introduced by Professor Maurice Isserman, who will moderate a brief discussion after the film.
Paid for by Student Assembly

Lotions & Potions: Oscars Style

by Elizabeth Kosar '10
Beauty Columnist

True confession-As much as I've missed *The Office, 30 Rock*, and *Brothers & Sisters,* what I was truly scared about the Writer's Strike affecting was the Oscars. I'm an Oscar nut. We're the freaky people who tune into the pre-show an hour before the ceremony officially begins, who know all the movies,actors and actresses nominated, who practice our acceptance speeches with a shampoo bottle.

This year's Oscar ceremony forecasted a lot of the trends that we will see in spring 2008. But it also showed some ideas that would work for almost anyone. So maybe you can't thank your mom, your shrink, and your dog Chichi for making everything possible, but you can look stylish.

Side-Swept Hair- Jennifer Garner rocked the side-swept updo. I wanted her to push her hair off her face, but she definitely got the vibe right. Marion Cotillard, this year's Best Actress, also did a side part and she looked both elegant and modern. Well of course she did-she's French.

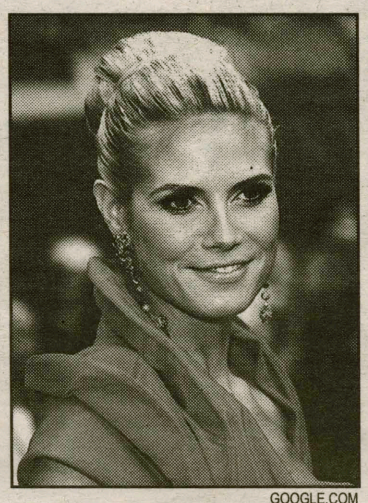
Ponytails- These were big too. Anne Hathaway and Cameron Diaz both did this and they looked so fresh. Plus ponytails are the

GOOGLE.COM

Jennifer Garner

lazy girl's best friend. To keep a ponytail from looking too sloppy, pull it from the base of the neck and keep it fairly loose. Too tight screams "I'm in eighth grade!!"

Red Lips- Honestly, I wasn't really surprised that red lips were so popular. Because of the Writer's Strike, none of these women have really gotten to dress up recently and so they wanted to break out the full on glamour. Red lips are not as tricky as people sometimes think-You can do them in a gloss, a semi-sheer lipstick, or a stain. Anything too matte or pigmented will age you. This isn't supposed to make you look like you belong in the 1950's.



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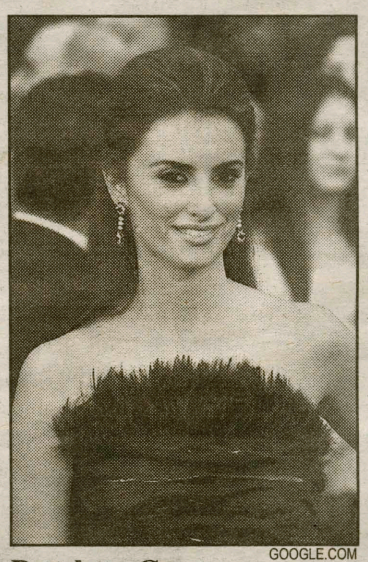
Heidi Klum

Heidi Klum- Heidi just went for it this year. She wore a dramatic red dress, and a big poufy bun. And you know what? The bun looked awesome. I'm not saying it's the right look for a Bundy party, but if you're going to a formal or something, it would be a cool hairstyle to try.

Cat-Eyes- I love a good cat-eye. It's part retro, part bad-ass, all girl. Jennifer Garner had one, Penelope Cruz sorta had one, and I really, really want one.

At the end of the day most of us don't live in Hollywood, but it's always nice to pretend that we actually have fabulous, sophisticated lives instead of ones that involve trekking through 15 inches of snow wearing three-day old jeans and a puffy Michelin Man jacket.



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Penelope Cruz

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College Street Café: A Casual Revolution

by Lauren Moon '09
Features Contributer

Hamilton College does an excellent job of providing various outlets on campus for creativity, expression, and even relaxation. No matter how comfortable it is in the microcosm on the Hill, there is still a necessity for off campus exploration from time to time. College Street Café, which opened Black Friday of 2007, is a unique environment right down the hill that begs for further investigation.

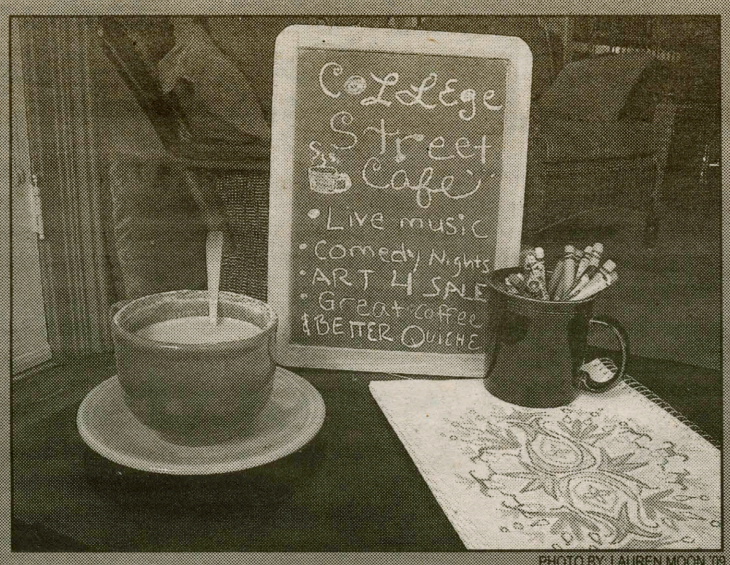

PHOTO BY: LAUREN MOON '09

The moment one steps into the College Street Café, one is struck by an explosion of color and creativity. Artwork adorns every inch of the walls and quaint tables with Chinese checker boards greet the customer at the door. The further one explores the café, the more the adventure continues. There is a side sitting room with an array of comfortable couches and an abundance of chalk boards and colorful chalk to mess around with. Every customer walking in is instantly awestruck by the diverse designs all over the walls and the intricate detail of every seating arrangement. The environment is funky and soothing; as the owners succinctly put it, College Street Café is "a casual revolution."

PHOTO BY: LAUREN MOON '09

The coffee is incredible. Huge mugs and perfect blends, the caramel macchiato is far tastier than anything found at Starbucks. There is a large assortment of food and drink products to choose from. Every typical coffee blend is offered, plus a diverse array of pastries, both basic and fancy. There is an excellent signature chili, as well as soups every day and giant bagels. An area of particular interest is the variety of quiche. Some sample flavors include shrimp and vegetable, spinach feta and artichoke, ham and habanera, salmon and cream cheese, and garlic chicken, just to name a few. All orders are warmed up and brought to the customer at their seating of choice. For the non-coffee drinkers there is also a mixture of Fizzy Lizzy drinks, soda, water, and even Red Bull. The hodgepodge of choices is conducive for any pallets enjoyment, especially as a compliment to the rich environment of the café itself.

College Street Café also plays host to a selection of events each week. There is music on Fridays and Saturdays. However, the owners feel strongly that instruments are ALWAYS welcome. Comedy nights are also scheduled, including Hamilton's own Yodapez. Something else unique about this coffee shop is that it doubles as an art studio. It is not surprising, given local artist's work that is for sale on every inch of the walls. Cathy Mosher, co-owner of the café and an artist herself, welcomes anyone who would like to use the studio free of charge. She is also offering art classes at the café, including an upcoming workshop in which students make a mask of their own face. To add to this medley of events there is also a Tarot card reader who comes in every other Saturday, or by appointment, to share her gifts with anyone who is interested.

The owners know and love the attendance of Hamilton students at the shop. The café conveniently offers free Wi-fi, so it is effortless to come down and cozy up with some homework for the night. As mentioned, though it is easy to stay on campus and find a niche, there is an environment right off the hill that deserves a second glance. Guaranteed the experience will be vibrant yet soothing, fun yet productive, and overall delectably tasty.

PHOTO BY: LAUREN MOON '09

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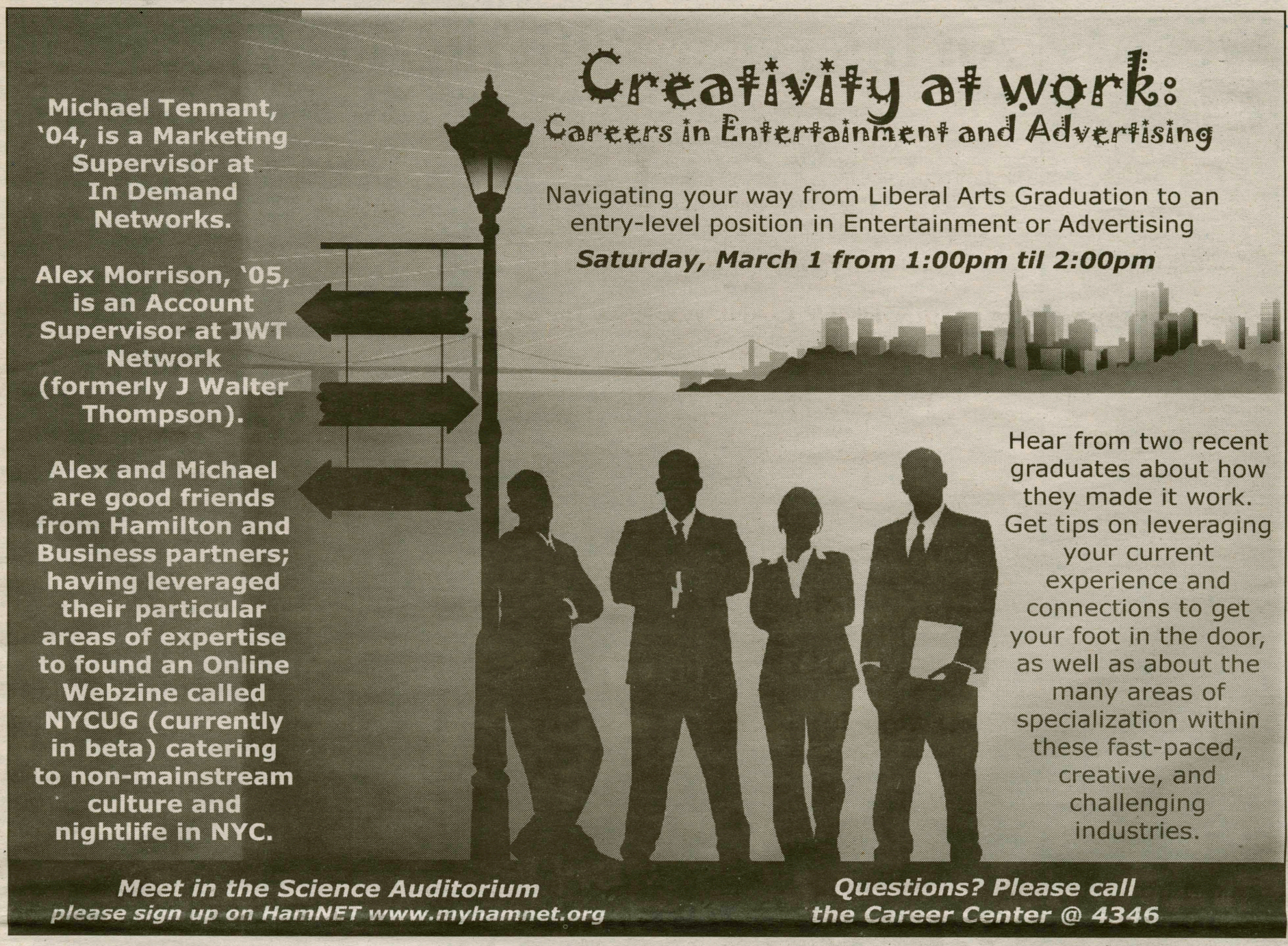
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Alex and Michael are good friends from Hamilton and Business partners; having leveraged their particular areas of expertise to found an Online Webzine called NYCUG (currently in beta) catering to non-mainstream culture and nightlife in NYC.
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Weekly Charts

by Jacob Murray '09
Arts & Entertainment Editor

MUSIC
(From iTunes)

Top Albums
1. *Once* Soundtrack - Various Artists
2. Discipline - Janet
3. Sleep Through the Static - Jack Johnson
4. New Amerykah - Erykah Badu
5. Juno - Various Artists

Top Songs
1. Low - Flo Rida
2. Love Song - Sara Bareilles
3. Don't Stop the Music - Rihanna
4. Elevator - Flo Rider
5. Elevator - Jordan Sparks and Chris Brown

MOVIES
(Yahoo! Box Office Charts)
1. Vantage Point
2. The Spiderwick Chronicles
3. Jumper
4. Step Up 2 The Streets
5. Fool's Gold
6. Definitely, Maybe
7. Welcome Home Roscoe Jenkins
8. Juno
9. Be Kind Rewind
10. There Will Be Blood

BOOKS
(From The New York Times Best Seller List)

Paperback Fiction
1. THE PILLARS OF THE EARTH, by Ken Follett
2. ATONEMENT, by Ian McEwan
3. WATER FOR ELEPHANTS, by Sara Gruen
4. NINETEEN MINUTES, by Jodi Picoult
5. THE KITE RUNNER, by Khaled Hosseini

Paperback Non-Fiction
1. EAT, PRAY, LOVE, by Elizabeth Gilbert
2. THREE CUPS OF TEA, by Greg Mortenson and David Oliver Relin
3. THE AUDACITY OF HOPE, by Barack Obama
4. FAIRTAX: THE TRUTH by Neal Boortz and John Linder
5. 90 MINUTES IN HEAVEN by Don Piper

An Interview With Ingrid Michaelson

by Alex Ossola '10
Arts & Entertainment Writer

On February 21, Ingrid Michaelson was featured in the CAB Acoustic Coffeehouse, along with opening acts David Ford and Matthew Perryman Jones. Right after her soundcheck, I had the opportunity to sit down with her and ask her a few questions.

Alex Ossola: At what age did you start writing songs, and how do you think the artistic abilities of your parents have rubbed off on you?
Ingrid Michaelson: Well, I started playing piano when I was kind of little. My parents said that I would just sit in front of the piano and would just sort of play nonsense things because when you're four you're not really writing anything, unless you're Mozart. So they put me in lessons when I was four and they said I could stop when I was fifteen.
AO: They set limits on you?
IM: Well I wanted to quit the whole time! They said, "no, you have to make it until you're at least fifteen," and they thought that by the time I was fifteen I would think that I wanted to continue, but I didn't. And I took vocal lessons for a long time, so I wrote little things here and there. It wasn't until after I graduated college that I started actually writing music with words. So the first real song I ever wrote was like right after 9/11—it was about that, that's why I remember. But it was really slow going at writing at first and I picked up a couple of years later. My father writes music, he plays the piano, and my mother is an artist, and they never pushed me except for piano lessons. But they never pushed me to perform or anything. I went to school for musical theater and they were always really supportive of me. And I feel like growing up in an environment where you're not forced but you're totally supported to do whatever you want it's very easy to flourish in an artistic way.
AO: How do you think your songs featured on *Grey's Anatomy* and Old Navy commercials have helped your career?
IM: It's made my career so far. It gave me a jumpstart and it let me cut the line a little bit. I mean, I've only been touring for a few months, this is just the beginning of my touring life, and some of my peers have been doing this for years. It has allowed me to jump ahead and sell out venues of a decent size, a small size, you know. Places I've never been to before and all because of my exposure on television, which then leads to radio, so it's made my career thus far. And I'm not saying that getting your song on the TV or radio is the beat-all-end-all. You have to have songs that can stand up on their own and you have to be able to put in a lot of work and a lot of your soul and your time. You know, I haven't been home in over a month and a half now. You have to follow through. But it definitely got my foot in the door in a huge way, and now I'm just kind of catching up and doing all the work I have to do to sustain it. Because it won't sustain itself, you know, you have to work really heard once you're given that crazy opportunity like an Old Navy commercial.

WWW.MOG.COM
Acoustic Coffeehouse's newest star.

AO: What are some of your major musical influences or otherwise heroes?
IM: Death Cab for Cutie is huge. Imogen Heap, Regina Spektor, Fiona Apple, The Magnetic Fields, Sufjan Stevens... yeah, I think that covers a lot of the major bases thus far. I grew up listening to a lot of folk music, like Arnold Guthrie and The Weavers because my parents are Folkies. I would say that those probably had some sort of influence on me along the way. I also watch so many musicals growing up, like old 1940s musicals.
AO: So what's your favorite one of those?
IM: Oh my goodness...I really love "White Christmas," it's so cheesy. Or "Easter Parade" with Judy Garland and Fred Astaire, that was one of my favorite ones growing up. And of course like "Mary Poppins" and "The Sound of Music" and stuff like that. But the older ones like "Shall We Dance?" with Fred Astaire and "Holiday Inn" Bing Crosby... I like Fred Astaire a lot, I guess. I just grew up watching all those old things and I totally love that sort of romantic, classic-sounding song. So I'm sure that's locked away in my influences, whether or not I know it.
AO: What are your suggestions for other student musicians who want to break through?
IM: Well, I don't know. It's really hard, you have to understand...don't expect it to happen to you—overnight, especially. You have to be willing to put a lot of yourself into it. I was pretty lucky because I just sort of got found on MySpace. But I was definitely working before then and I was always writing and always recording and I was trying to get my best work out there. I had written a whole bunch of new songs, that's why I made *Girls and Boys*, because I had an album before that and I thought, "That's not really my style, I don't like this anymore." What I would say is don't pursue it unless it's the only thing you can do with your life, if it's the dying passion inside of you. It's just so hard and it's kind of cruel and hurtful, actually, when it's not going well, and even when it is going well. So don't involve yourself in this world unless it's really really what you need. And if it really is what you need, then it's always going to be part of your life, even if you're not huge and famous. And, if you ever do get your foot in the door in some way, work your ass off and don't let any opportunity go by you, because you're not given many opportunities in this life.
AO: Final question is a bit random, but what is your favorite food?
IM: My favorite food? Like, food, ever? Sadly, I would say chocolate chip cookies. I eat so many of them and then I think I'm never going to want chocolate chip cookies again, and then I wake up craving them. I've already eaten two today and I'm probably going to eat a lot more and take some home with me if I can.

WHCL Album of the Week

The Helio Sequence – *Keep Your Eyes Ahead*

by Tom Lewek '09
Arts & Entertainment Writer

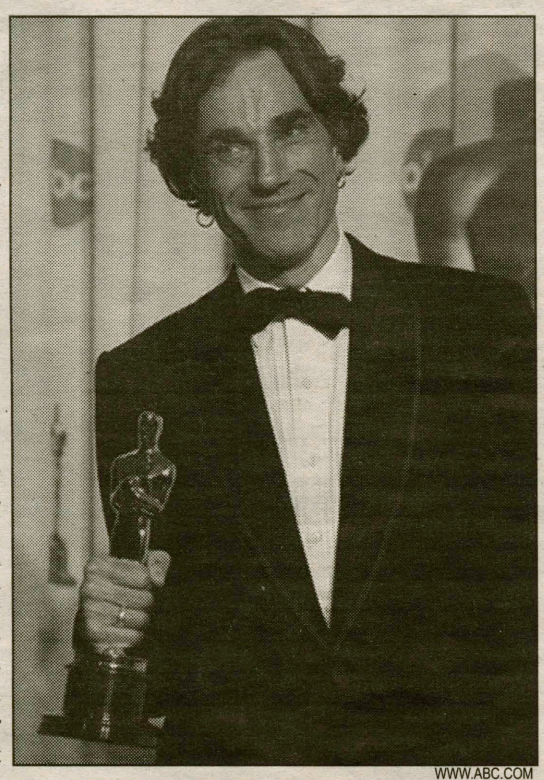
After touring with Modest Mouse a few years ago, Brandon Summers, the lead vocalist of the Helio Sequence, returned to his hometown of Portland, Oregon with a severely damaged voice. Before Summers' vocal collapse, the Helio Sequence was a mix of neo-psychedelia and shoegaze, simultaneously channelling the Flaming Lips and My Bloody Valentine. On their latest release, *Keep Your Eyes Ahead*, the band continues to employ these elements but the substantially altered voice of Summers adds a new dimension. The album certainly retains neo-psychedelic and shoegaze sounds, but the lead singer's now raspy vocals contribute to a number of folk-inspired songs reminiscent of Bob Dylan. Fortunately, these additions and retentions meld together to create a thoroughly intriguing album. From the sprawling and energetic soundscapes of the title track, "Keep Your Eyes Ahead," to the folksy vocal styles of the concluding song, aptly entitled "No Regrets," the Helio Sequence present a compelling portrait of a band in the midst of transition. The mixture remains far from perfected, but *Keep Your Eyes Ahead* features a number of brilliant moments marked by clever innovations.

Keep Your Eyes Ahead WWW.WIKIPEDIA.ORG

Academy Awards Lose Viewers

by Jacob Murray '09
Arts & Entertainment Editor

Despite the looming threat of the 80th Annual Academy Awards being cancelled due to the now defunct writers strike, Americe's most popular award ceremony was held last Sunday night on ABC. Hosted by Jon Stewart, the awards show was packed full of musical performances, star-studded attire, and plenty of Oscars. Of the over fifty nominee's for this year's categories, only a select few were able to bring home an award, including directors and brothers Joel and Ethan Coen, for both "Best Director" and "Best Picture," for their film *No Country for Old Men*. Javier Bardem also won an Oscar for best supporting actor in the Coen film, in which he portrayed a disturbed serial killer, named Anton Chigurh. *No Country for Old Men* won the most awards Sunday night, amassing four. The Oscar for best supporting actress went to Tilda Swinton, who acted alongside George Clooney in *Michael Clayton*.


WWW.ABC.COM
Oscar winner Daniel Day Lewis.

One of the biggest surprises of the night was for Marion Cotillard, who won the Oscar for "Best Actress," for her lead role in *La Vie en Rose*. The competition for this award was stiff, especially from actresses Ellen Page and Cate Blanchett. Daniel Day Lewis, who has also starred in movies such as *Gangs of New York* and *Last of the Mohicans*, won his second Oscar for an "Actor in a Leading Role," portraying an oil tycoon in *There Will Be Blood*.

Although the plethora of famous actors and actresses provided ample entertainment for the millions of people watching the awards show, Glen Hansard and Marketa Irglova stole the show during their performace of "Falling Slowly," which was featured in *Once*. Needless to say, their song won the Oscar for "Best Song" later in the awards show. The fantasy adventure Enchanted featured three songs that were all nominated for the "Best Song" Oscar, but all fell short to Hansard and Irglova.

Despite the strong popularity of the Academy Awards over recent years, the 2008 awards drew less viewers than any other year in Oscar history. According to the Washington Post, the low ratings can be attributed to the fact that all four major acting awards went to European performers, as well as the low appeal of the movies that were nominated for "Best Picture." Another factor could be the low television ratings of early 2008, due to the Writer's Guild strike.

The 80th Annual Academy Awards were still able to draw in 32 million viewers, which is continually one of the most watched television events of the year. With a strong lineup of movies in 2008 thus far, next year's awards will hopefully redeem the Academy.

Deathcage: Week 3!

by Jacob Murray '09 and Kevin O'Connor '09
Arts & Entertainment Editors

In the third week of this esteemed tournament, *The Spectator* brings you the Jack Bauer Bracket! Here are the results:

(1) Charizard def. (32) Tom Cruise

(2) James Bond def. (31) Subway Jared

(3) Russell Crowe def. (30) Brave Little Toaster

(29) Loch Ness Monster def. (4) Alex Mac

(6) Dog the Bounty Hunter def. (27) Olsen Twins

(7) Kathy Bates def. (26) Rev Run

(8) Samuel L. Jackson def. (25) Homestar

(9) The Arbiter def. (24) Mugatu

(23) John Wayne def. (10) Freddy Mercury

(11) Crocodile Dundee def. (22) Fergie

(12) Han Solo def. (21) Jeff Goldblum

(13) Marlboro Man def. (20) Fidel Castro

(14) Hunter S. Thompson def. (19) Bebop & Rocksteady

(18) Stacy's Mom def. (15) Bad Bad Leroy Brown

(16) John Locke def. (17) Danny DeVito

Featured Match: (5) Kevin (Home Alone) def. (28) Elian Gonzales

At the combined age of fifteen, Kevin and Elian both knew from the start that this would be a rough one. Soon after hearing about Castro's loss to the Marlboro Man, Elian was filled with anger. Kevin, who had previously rigged the battleground with falling paint cans, marbles, and tar, took an early lead. Used to staring down the barrel of an AK-47, Elian was not scared by Kevin's plastic Nerf gun and was able to rally. In the end, however, Kevin taught us an important lesson in history: no matter how hard Cubans may try, Americans will always win.

Next week's issue of *The Spectator* will feature the Bruce Lee Bracket, which will be the final week of Round one. Make sure to check your e-mail Sunday afternoon, because Deathcage awaits you!

Hamilton Horoscopes

By Jackie Schuck '10
Staff Seer

Pisces – Sometimes the people you support turn out to be losers. Continue to stand by them but be willing to accept defeat. Famous Piscean: Chelsea Clinton

Aries – People of the world, if you want to be my lover, stop right now and say you'll be there because tonight is the night when two become one. Famous Arian: Posh Spice

Taurus – There's something you want to come clean about. I suggest you do it, but be wary that you are about to break millions of young girls' hearts. Famous Taurean: Lance Bass

Gemini – I pity the fool who doesn't have a good week. Call 1-800-COLLECT to save a buck or two. HMMM. Famous Gemini: Mr. T

Cancer – Have you considered Scientology? You know, when a scientologist passes an accident, only a scientologist knows what to do about it and he is the only one that can help. Being a scientologist, you can help create new realities and change people's lives. You can just look at someone and know that you are the only one that can help him. Famous Cancerian: Tom Cruise

Leo – What is the zodiac sign associated with the weeks between July 22nd and sometime in mid Febtober? Famous Leo: Alex Trebek

Virgo – One year you're 45 and single. The next you'll be 46 and pregnant. Famous Virgo: Scott Baio

Libra – Don't you think it's about time you called it quits? Famous Libran: Brett Farve

Scorpio – You will have nothing to brag about until you marry your body builder turned actor turned governor significant other. Then you can finally say with pride, "Yeah, I hit that." Famous Scorpion: Maria Shriver

Sagittarius – You will have a successful super modeling career until you rediscover your love of food. After gaining all that weight back, you will host a super model competition reality show and live vicariously through skinny girls. Famous Sagittarian: Tyra Banks

Capricorn – You will have a fine institution named after you. It will boast achievements in writing, speaking, and beer pong playing. Famous Capricorn: Alexander Hamilton

Aquarius – Apparently you can shoot someone and still be Vice President. Famous Aquarians: Aaron Burr AND Dick Cheney

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●12:00●2:10-4:20-6:30▲8:35 DTS PG

VANTAGE POINT #1 MOVIE! DENNIS QUAID FORREST WHITAKER
●1:00●2:55-5:05-7:10▲9:15 DTS PG-13

WITLESS PROTECTION LARRY THE CABLE GUY
●12:35●2:45-4:55-7:05▲9:10 DTS PG-13

STEP UP 2 THE STREETS
●12:50●3:00-5:10-7:20▲9:30 PG-13

4 ACADEMY AWARD WINS - BEST PICTURE, DIRECTOR & SUPPORTING ACTOR
4:10▲8:40
NO COUNTRY FOR OLD MEN R

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4:15-6:50▲9:25 ISLA FISHER PG-13

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JUMPER SAMUEL L. JACKSON
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JUNO ●2:00-6:40 ELLEN PAGE PG-13

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SCIENCE & TECHNOLOGY

Voices From Abroad: King's College, London

by Matthew Crowson '09
Science & Technology Writer

At first glance, most of the big-name study abroad-sponsoring institutions seem to be preoccupied with economics, government, and the humanities. For you science majors out there looking to enrich your liberal arts curriculum with courses in a science field not offered at Hamilton, there is a little bit of investigative work required to find that offshore program that really peaks your interest. This is exactly what I did during my school search last spring, and I ended up embarking on an incredible 'Pre-Medical' adventure in London, England, that shaped my career aspirations in a profound way.

First off, if you are apprehensive about leaving the Hamilton 'bubble'…don't be! Your friends will be here when you get back, as will the Diner, Bundy parties and the ridiculous amount of coursework you normally have here. Aside from having the opportunity to study some really neat, geeky science topics you can't get here, the other big take-home message from my journey abroad is that Hamilton isn't the typical college experience. The majority of college students in the States, as well as many other modernized countries, have to sit in lecture theatres with at least 200 to 500 students for basic college courses like organic chemistry and introductory physics. All of my classes in London had at least 150 students and this class size rendered classroom participation non-existent and asking questions or making comments in lectures was basically frowned upon. This may seem as weird to you coming from a place like Hamilton as it did to me when I had my first week of classes in London, but by not having a direct source of answers at your disposal the minute you have a question it forces you to become a little more independent. This is a good thing.

For the budding Pre-Med like myself, the course offerings at Hamilton don't really fill the void. Science courses at Hamilton tend to be more 'sampler platters' of topics and they almost never dive in to the kind of ooey-gooey medical detail that we Pre-Meds crave. This craving for medical-based science courses was one of my prime motivations in seeking an abroad program with a medical twist, and it ultimately led me to the King's College-University of London Pre-Medical Program for North American undergraduates. This program consisted of three regular courses at King's in addition to the Pre-Medical module. For my three regular college courses, I loaded up within the Department of Biomedical Sciences and opted to take pharmacology, human & molecular genetics, and an immunology course. The British students that take these sorts of courses typically go on to graduate school in various biomedical disciplines, so the scope of the lectures was fairly deep and, best of all, the topics taught centered on humans as the study subject.

The crown jewel of the King's Pre-Med program would have to be the fourth course, the Pre-Medical module. While it would be impossible to outline all of the things I got out of this course in one article, I'll indulge in some of the highlights. The course is basically a survey of the United Kingdom's socialized healthcare system, the National Health Service (NHS). Throughout the semester you have regular seminars with experts in every field from public health, primary care, and palliative care, to AIDs/HIV care, medical ethics, and the operating theatre. Another major part of the module is the rotating field attachments that take place throughout London. Like the seminars, the set of attachments are diverse and include institutions and clinics from many areas like a minor injuries unit, alcohol recovery center, osteopathic medicine, general practice, operating theatre, and a sexual health clinic. The attachments really opened my eyes as to how many diverse fields there are underneath the broad 'medicine' umbrella, and having this opportunity to

*see **English,** page 13*

COURTESY OF MATTHEW CROWSON '09

King's College hosts the program in London. Historically, London has been the sight of many medical breakthroughs.

Focus On: Whaling... A Historic Way of Life; A Modern Menace

by Laura Wright '10
Science & Technology Writer

The practice of hunting whales has existed since at least 6000 B.C. Though it started as a sustenance practice, the demand for whale oil and whale meat soon forced the industry to become industrialized. Today, there is a very small market for whale oil; however, the demand for whale meat keeps whaling prominent in many areas of the world.

Norway, Japan and Greenland represent the three largest whale-hunting nations in the world. In Canada, whale meat makes up a substantial portion of the average diet of those living in the Northern and Northwestern provinces. The Inuit of Alaska also continue to harvest an average of 50 bowhead whales annually. Indonesia, Iceland, and various Caribbean islands also contribute to the commercial whaling industry.

In 1931, people first began to raise objections to this ecologically devastating practice, but it was not until 1946 that important regulations were put in place with the formation of the International Convention for the Regulation of Whaling (ICRW.) A committee (IWC) was formed within this convention in order to serve the involved nations with management advice based upon scientific surveys.

In 1982, the IWC decided to enter a moratorium on commercial whaling starting in 1985; however, as only member nations are obliged to uphold IWC regulations, it does little to abate those nations driving the thrust of the industry. Norway, a member nation, even continues to hunt Minke Whales, as it lodged an official objection to the moratorium. Not only did this moratorium fail to substantially reduce the amount of commercial whaling, but it also caused some member nations to leave the IWC. Canada chose to leave the committee after this decision and, as such, is subject to no international whaling regulation policies at present.

When the moratorium was proposed, Japan also lodged an objection; however, pressure from the United States through threats of trade sanctions caused the Japanese government to retract their objection in 1987 and to cease all commercial whaling. The same year, though, they began a scientific whaling program. The intent of this program is to gather sufficient data on whale populations and behaviors so as to create a sustainable whaling program, approvable by the IWC. There are many environmental organizations which claim that this program is just a cover for commercial whaling, as almost all whales are killed for examination despite the possibility of obtaining the same information from live specimens. Many of these whales also end up on the black market.

Iceland, on the other hand, chose to accept the IWC's moratorium and, from 1982 until

*see **Whaling,** page 13*

SMITHSONIAN.COM

Historically, harpoons and spears like these were used for whaling; today, more modern methods pervade.

Did You Know That?

Wacky Facts: Trash Talking

by Kate Tummarello '11
Science & Technology Editor

• Practices such as grass-cycling, backyard composting, two-sided copying of paper, and transport packaging reduction by industry have yielded substantial benefits through source reduction.

• Source reduction has many environmental benefits. It prevents emissions of many greenhouse gases, reduces pollutants, saves energy, conserves resources, and reduces the need for new landfills and combustors.

• Recycling also helps reduce greenhouse gas emissions that affect global climate. In 2006, the national recycling rate of 32.5 percent (82 million tons recycled) prevented the release of approximately 49.7 million metric tons of carbon into the air--roughly the amount emitted annually by 39 million cars.

• On average, American's throw away about 3.5 pounds of trash each day.

• Estimates suggest that the average American office worker uses up to 500 disposable coffee cups each year.

• About 200 million gallons of used motor oil is illegally dumped in the US each year.

• We use more than 67 million tons of paper each year, which works out as about 580 pounds per person.

• The time taken for glass to break down isn't known. However, as we're still finding pieces of glass made over 3000 years ago, we can only assume it's a really long time.

• Recycling one aluminum can saves enough energy to run a TV for three hours -- or the equivalent of a half a gallon of gasoline. 350,000 aluminum cans are produced every minute.

• More than 20,000,000 Hershey's Kisses are wrapped each day, using 133 square miles of tinfoil. All that foil is recyclable, but not many people realize it.

English Experiences

*from **Voices**, page 12*

investigate so many fields in such a short period of time is second to none for an undergraduate.

While the classroom seminars were very insightful and the content was relevant to the same sorts of things taught in medical schools, the experiences I had in my clinical attachments had the biggest impact on my career aspirations. For instance, I didn't really gravitate towards the sexual health clinic and this led me to conclude that I would not consider sexual health as a lifelong career. While I can imagine that some people probably do enjoy diagnosing various sexually transmitted diseases by the truckload every day, I didn't and still don't find it particularly appealing. I also thought the daily life of a general practitioner didn't appear to be very stimulating. In the UK, a GP's day is 9 to 5 and can be best described as a conveyor belt of random medical issues ranging from the minor, like skin rashes, to more serious ailments like congestive heart failure in an elderly person. In my experience, it seemed as if the GPs refer their patients to specialists half the time, and that they aren't the physicians that are coming up with the solution to the patient's problem.

My favorite attachment was the operating theatre, and I came upon this revelation as I was assisting on a major surgery. Without diving into the gory details of the surgical procedures I attended, I will compare the operating room to a place where a sporting event takes place, like a hockey rink or a soccer pitch. Imagine yourself a surgeon and think of every surgery as a "game day." You and your team have to be performing at your best or mistakes happen. The stakes are a bit higher in this 'game,' but the feeling is just the same. I had the opportunity to stand bedside for a few procedures, and it definitely felt like I was a part of a sporting event. The surgeons and nurses in the operating room work hard at maintaining a sense of calm and order during the operations, but the excitement in the air is undeniable. For me, the height of the excitement came when the head surgeon asked me to 'scrub-in' and assist on a procedure. At first I was at a loss of words. Scrub-in? How? Assist? With what? Does she know I'm not a doctor?

I didn't have time to stop feeling like a deer in the headlights as the charge nurse, the nurse 'boss' of the operating room, swiftly dragged me into the preparation room so I could be cleaned up and readied for my task. After fumbling with my gloves and gown for what seemed like an eternity, I emerged from the prep room covered head to toe in various layers of gowns, a face mask, a cap and two layers of gloves. The surgeon sat me down at one end of the patient and I was handed an instrument. I had no idea what this metallic caliper-like thing was and my expression must have given me away. The surgeon firmly explained what it was and what I was to do with it. When it was my turn to do what I had to do, I was given the signal and off I went. While my task was not particularly difficult, it was totally enthralling for me that I was playing a small, yet significant role in this operation. The surgery ended without incident, and I couldn't wipe the smile off of my face for a few days following.

There are certain things you just can't do at a small liberal arts college like Hamilton. Whether you are interested in medicine, chemical engineering, or marine biology, there are opportunities abroad for every science major and with a little detective work you can find a program that may steer your interests in a new direction and have a massive impact on what you want to do after you graduate from Hamilton.

THAT THEORY IS WORTHLESS. IT ISN'T EVEN WRONG!

~WOLFGANG PAULI

Focus On: Whaling

*from **Historic**, page 12*

1991, they conducted research in order to present a proposal of sustainable whaling to the IWC Scientific Commission; however, their final proposal was rejected and Iceland subsequently left the IWC in 1992. Iceland rejoined in 2002 with a reservation to the moratorium so that they might be able to continue scientific research. It has subsequently resumed commercial whaling, breaking the IWC ban, with the harvesting of a 60-ton female fin whale in October, 2006.

Today, the greatest threats to the whale population lie in illegal hunting, accidental capture in fishnets and trading on the black market. Whale meat and blubber has been found available on the open market in Japan and the Soviet Union since the 1982 resolution. Greenpeace has played a pivotal role in spearheading the campaign against whaling. Their campaign mostly focuses on Japan's exploitation of whale populations and has been successful in preventing some whaling boats from succeeding in their business and also in inciting international pressure to end whaling. The US, Australian and New Zealand governments have all been putting pressure on Japan to stop its questionable scientific research.

PROFESSOR PROFILE

Ann Silversmith, Physics

THE FACTS:

Name: Ann Silversmith
Department: Physics
College: Oberlin
Research: Rare earth ions

INTERVIEW SECTION:

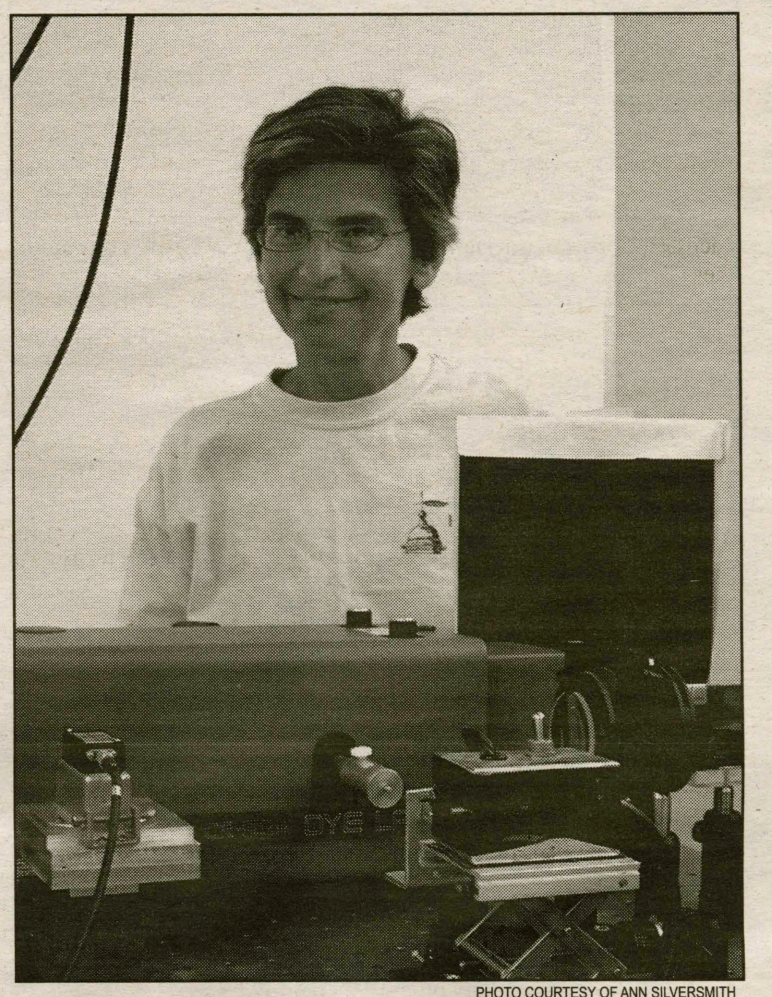

PHOTO COURTESY OF ANN SILVERSMITH

Elijah LaChance: What areas of biology most interest you and why?

Ann Silversmith: No single area of research stands out above all others. I am particularly intrigued by quantum mechanics and all of its weirdness, but I find classical physics to be very interesting too. What I really love is the way the discipline is built on only a few basic laws. If you understand them deeply you can apply them to so many different physical problems. For example, Newton's laws are three (seemingly) simple statements. Combining them with a few mathematical tools allows us to understand an incredible amount. There is no need to memorize long lists of facts to do physics. Understand a few fundamental principles, and everything else follows.

EL: How did you eventually choose to teach physics for a living?

AS: I graduated from a small college – Oberlin College outside Cleveland. I thought I would major in math, but math got way too abstract and I found that what I liked was in fact applying math to real situations. That took me to the physics department. The atmosphere in the physics department at Oberlin was great. Students worked closely together and It seemed like the professors had a good time. They loved their subject and were great teachers. When I went to grad school, I hoped that I could work towards getting a similar job. I chose a type of research that I thought would work well at a small college, for example. And I thought that a teaching job would have flexibility that could work well with being a parent. So here I am.

EL: Why Hamilton?

AS: A few reasons. I interviewed at a bunch of places and Hamilton felt the best. It turned out that two of the Hamilton physics faculty members knew professors who had taught me at Oberlin. Maybe that is why inter-viewing with the department here had a familiar feel. My husband and I were living in California but were anxious to move back to the midwest or east closer to our families. We also missed the seasons. Well, Jim did. I was more content than he was with warm sunny weather year around. We like the outdoors so Hamilton's proximity to the Adirondack park was also a factor.

EL: What is your funniest/most embarrassing childhood memory that you wouldn't mind sharing?

AS: In kindergarten, all my friends got to have store-bought costumes for Halloween. I wanted one too – maybe a princess or a fairy. But my parents didn't approve of buying costumes. They made matching costumes for me and two of my siblings. We were all three telephones and walked around in cardboard boxes painted black. There was a big dial on the front and the receivers were attached to our hats. We couldn't even sit down. At the local parade a teenager came up to me and asked me if he could call his mother. At the kindergarten parade the teacher looked around and said "I see so many princesses, so many monsters..." She looked at me "... and so many telephones..." I was mortified.

EL: What is your favorite band/singer, your favorite ice cream flavor, your favorite book, and your favorite home-cooked meal?

AS: In college I loved a singer named Holly Near. She sang political music in the 70s and still performs, I think. We took our kids to see her when they were growing up. Ice cream flavor? We just tried Chunky Monkey and it was wonderful. Favorite books of all time are a series of three children's books by Elizabeth Enright about the Melendy family: *The Saturdays*, *The Four-Story Mistake* and *Then There Were Five*. The books are about four siblings who live in New York in the 1940's. I still like to read them. Favorite home-cooked meal is hard since I basically love most food. Right now I'm into cooking asian foods.

EL: What would you say is your teaching style, and what can students expect who are in your classes?

AS: I try to be really clear because physics is hard. I get bored hearing myself lecture so I prefer when students are willing to ask and answer questions, making the class seem like less of a lecture and more of a conversation. I'm patient and happy to work with students one-on one outside class.

EL: What was the craziest thing you did in college you wouldn't mind sharing?

AS: I was on the swim team and we had the key to Crane Pool. This was an old-style pool, like you used to find at the local YMCA. There was a bal-cony that stuck out over the pool deck where people watched swim meets. If you jumped straight down off the balcony you were in deep trouble, but if you jumped with enough horizontal initial velocity you landed safely in the water. We sneaked in during the middle of the night and had a great time. Luckily no one got hurt.

EL: What is your fondest memory from your time at Hamilton?

AS: It's hard to single out just one. A few years after I got here one of my the-sis students won a national award for his research project. That was amazing. But I think my "fondest" memory might be when we had a party for two members of the department who were retiring. We invited physics alumni back to 1961 and many of them came. One graduate from the mid 80's travelled from Japan to attend. Lots of alumni who I knew attended and we had a great time catching up. Some had careers in physics and others had gone in different directions, but it was fun to listen to them all reminisce about Hamilton's Physics Department.

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Women's Basketball: 15-9

Women's Squash: 14-8

Men's Squash: 10-11

Women's Hockey: 6-14-4

Men's Hockey: 5-18-1

Who's Hot in Hamilton Athletics?

- Men's Hockey Head Coach Phil Grady -

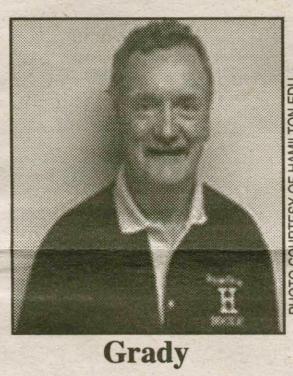
Coach Grady has decided it is time to retire from his position as one of Hamilton's all-time best coaches. He won over 300 games and led the Continentals to 15 winning seasons during his tenure. One of his greatest coaching accomplishments came in 1998 when he led Hamilton to the Eastern College Athletic Conference East Division title.

- Kelly Whipple '10 -

Whipple was named to the All-NESCAC Squash Team with her tremendous leadership and skill on the court. She won two matches this past weekend during the Howe Cup.

- Jay Simpson '10 -

Simpson has stepped up his game in preparation for the Liberty League Tournament this weekend. He has led the team in scoring the past two games and is shooting lights out from behind the three point line.



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Grady

PHOTO COURTESY OF HAMILTON.EDU

Whipple

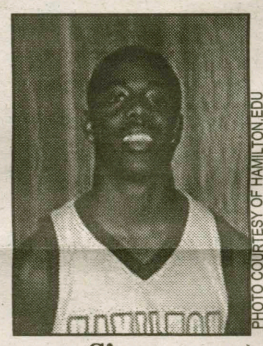


PHOTO COURTESY OF HAMILTON.EDU

Simpson

Intramural Badminton Available Every Saturday

by Kate Tummarello '11
Science and Technology Editor

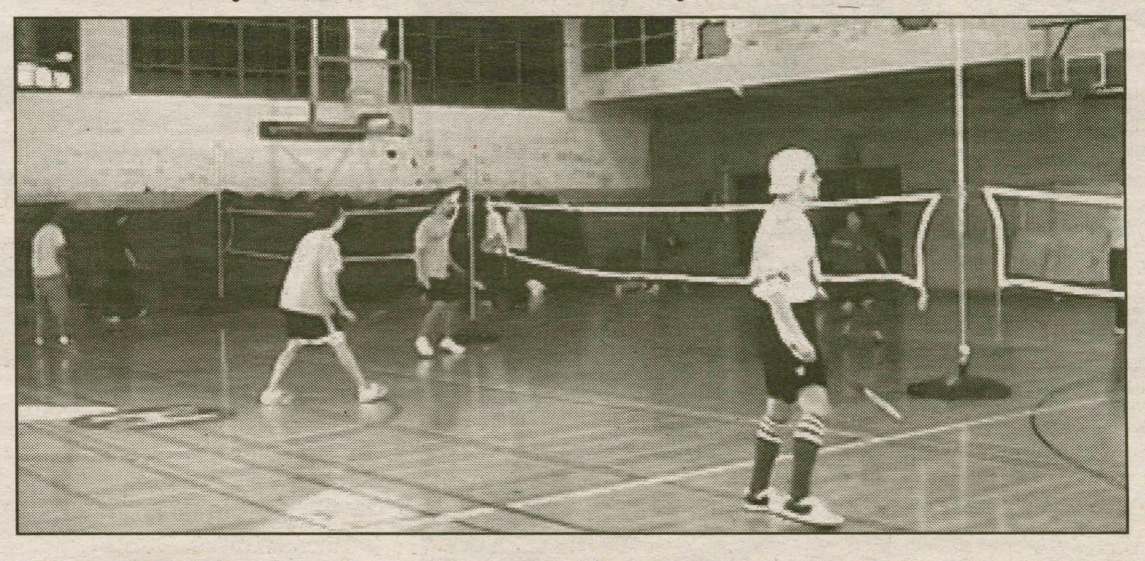
If you're looking for something fun and active to do on Saturday afternoons, look no further than the intramural badminton program we have here at Hamilton. On Saturdays the Alumni Gym is filled with eager badminton athletes who come to have fun and compete.

This last Saturday was the doubles badminton tournament. Ten teams showed up to battle over the privilege of being called the best intramural doubles team. Each match between opponents was determined by who won two out of three games, with each game being played to fifteen points. In the final game of the tournament, as "Eye of the Tiger" by Survivor played, the team comprised of Colin Wear '10 and his partner led their way to victory, although judging by the smiles and laughter of everyone at the tournament, no one left a loser. Even if a tournament is more intense or competitive than what you're looking for, the intramural badminton program is still worth checking out. This year, the badminton program had new life breathed into it when Liz Carty '11 undertook the responsibility of maintaining it. As a member of her high school's competitive varsity badminton team, she is pretty much the perfect person to be responsible for creating an environment in which students can come and play for fun or for competition.

Every Saturday Carty, along with Dave Thompson, head of intramural sports, organizes open gyms for anyone who wants to come play badminton. Equipment and music are provided, so even if you have no experience, you're more than welcome to stop by anytime during the open gym to give the game a try. On the other hand, if you're a more competitive player looking to enhance your badminton game, there are opportunities to do that at these open gyms as well.

The intramural badminton program is a great way to get introduced to badminton and to compete with other teams. You can stop by the Alumni Gym for a small part of the usual two hours of the open gym or stay the entire time. Although no other tournaments are scheduled right now, there are e-mails sent out every week inviting students to come to the open gyms. Rather than deleting the e-mail without reading it, consider stopping by. It's definitely worth it, if only to have something to do Saturday afternoons.

Bored on Saturday afternoon? Come to the Alumni Gym for some intramural badminton.



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SPECTATOR SPORTS

February 29, 2008

Swimming Teams End Season with NESCACs

by Lindsay Getman '10
Sports Editor

The Men's and Women's Swimming and Diving Teams have had a long but successful season. After winning their final dual meet by (literally) blowing Rensselaer out of the water, they went on to win tenth place at the NESCAC finals. The hard work, dedication and solidarity shown by the teams has ultimately paid off.

On February 9, the Continentals hosted their fourth and final home meet. For Amy Brown '08, Hannah Case '08, Allison Currie '08, Ashley DeMaio-Zacharek '08, Wendy Doster '08, Olivia Reynolds '08, Tim Campany '08 and Todd Johnson '08, it was a bittersweet victory— each of these seniors swam their final collegiate meet in Bristol Pool. Hamilton dominated to competition, racking up a number of points in both relay and individual events. Three seniors showed their stuff in the 100 yard freestyle: DeMaio-Zacharek, Reynold and Doster each placed in the top five, while Laura Holt '10 took sixth place.

The women's 400 yard medley relay team of Kylie Fraser '11, Whitney Rosenbaum '10, Kate Rack '11 and Reynolds took the top spot with a time of 4:10.48. Their teammates were close behind, with two other Hamilton relay teams snatching second and third place. The men were also successful, with the team of Johnson, Jared Mereness '10, Stephen Chaponis '10 and Alex Paridon '09 winning first place in the 400 yard medley relay with a time of 3:38.62.

The divers on the team also did very well. Anna Chelius '11 placed first in both the one and three meter dive, and was the only female Hamilton diver in the top six for those events. Zak Krassin '11 took second in the men's one meter dive.

Rosenbaum truly shone for the Continentals, helping not just to win the 400 yard medley relay, but also placing first in two individual events: the 200 yard freestyle, with a time of 2:01.62, and the 200 yard butterfly, with a time of 2:12.17.

Bowie Sievers '11 was also a big contributor to the win on the men's side. He placed first in the 200 yard IM (1:59.00), the 200 yard butterfly (1:57.86) and the 500 yard freestyle (4:54.49).

The teams took the top spot in all but six of the 26 events. The women's team toppled Rensselaer 147-94, while the men won 121-113. The following weekend, the women's team traveled to Wesleyan College for three days of NESCAC trials and finals.

On the first day of competition, February 22, the women took tenth place. The 400 yard medley relay team of Fraser, Rosenbaum, Reynolds and Eve Stevens '09 took seventh place with a time of 4:01.99. The following day the team improved to place ninth overall. Fraser, DeMaio-Zacharek, Reynolds and Stevens took eighth in the 200 yard medley relay. In individual competition, Maura Donovan '09 excelled in the 1000 yard freestyle, winning ninth place with a time of 11:01.46, while teammate Deanna Edwards '09 was just over a second behind her. Stevens was eighth in the 100 yard breaststroke, while Rack, a mere 1.2 seconds behind her, placed twelfth.

The final day of competition saw Edwards tackle the 1650 yard freestyle in a time of 18:34.66, as she took twelfth place out of 28 competitors. Chelius was twelfth out of 24 in the three meter diving competition. Overall the team was tenth for the day, placing 261 points ahead of eleventh-place Trinity College.

After a fairly lengthy break from competition, the men's team will travel this weekend to Middlebury College to compete in the NESCAC finals. Based on individual performance, some team members may compete in the NCAA trials and finals on March 20-22 at Miami University in Oxford, Ohio. With only two senior graduating this year, a young and very talented men's team looks to improve even further on this year's performance.

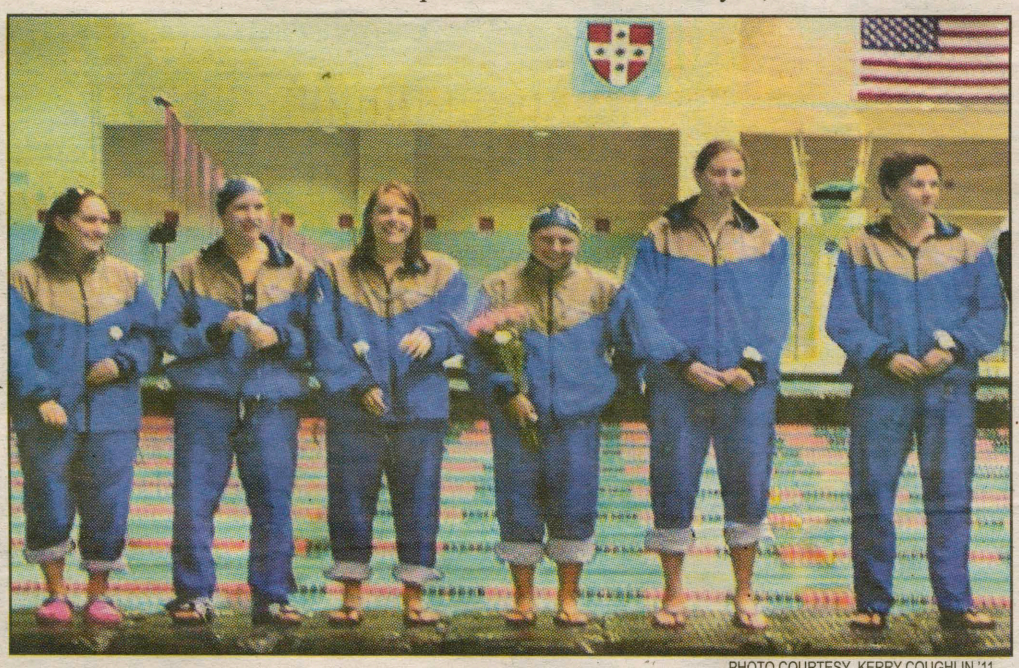

PHOTO COURTESY KERRY COUGHLIN '11

The Women's Swim Team seniors competed as Continentals for the final time last weekend at the NESCAC Trials & Finals Meet at Wesleyan College.

This Weekend in Hamilton Athletics:

Friday 2/29:

Swimming and Diving (M) @ NESCAC Championships
Basketball (M) v. Vassar
Basketball (W) v. St. Lawrence
Squash (W) @ CSA Individual Championships
Squash (M) @ CSA Individual Championships
Indoor Track and Field (M) @ NYSCTC Championships
Indoor Track and Field (W) @ NYSCTC Championships

Saturday 3/1:

Indoor Track and Field (M) @ NYSCTC Championships
Indoor Track and Field (W) @ NYSCTC Championships
Hockey (W) @ Trinity

Go Blue!

Hockey Team Heads to Trinity

Women Begin NESCAC Tournament as Number 6 Seed

by Brandon Leibsohn '10
Sports Editor

Two huge wins at home helped the Lady Continentals secure the sixth seed in the upcoming NESCAC Championships. The team has played its past four games at home, but will now have to go on the road to Connecticut in their quest to win the league title. Hamilton's journey will begin against a team to which they lost both of their regular season matches, Trinity College. Yet, the Continentals have an optimistic outlook on why they will make sure that the third time is a charm.

Two weeks ago, in a two game series against Wesleyan, Hamilton came out victorious due to stellar defense and goaltending play. The offense picked up and contributed when it mattered most to defeat the worst team in the league twice. In the first game, Wesleyan only got off 15 total shots on net compared to the Hamilton's 49. This shot advantage marked a significant increase in puck control and pace of the game.

Kathryn Kroleski '09 was the first star of the game as she connected on two shots to help give the team a 3-1 win. Coming down from behind one goal showed the great resilience of the team.

The next day was much of the same for Hamilton. They held a commanding shot advantage and did not make many mistakes defensively. Cindy Lukianchuk '11 scored the game winning shot in the second period. Meg Shine '10 continued her impressive play in net with her 21 saves on 21 shots. This was the first shutout of her career and with the way she is playing we can expect many more to come in the near future.

Coming off of these two victories, the team was poised to move up in the conference rankings and earn a home ice first round game. However, Williams College came into Sage Rink last Saturday and derailed the Continentals' plans. In the final game of the regular season, the defense did a good job at killing the power play, preventing any goals on their four chances. Kroleski continued her streak of great play scoring the lone goal for the team in the 2-1 defeat.

Hamilton has a chance to catch Trinity at a good time this Saturday. Trinity is coming off of a loss to Colby at home, proving that they can be beat on their home ice. If the Continentals continue to play well on defense then there is a great shot at pulling off the upset. The team cannot afford to commit the costly penalties that have haunted them in the past. Trinity does not give their opponents much of a chance with a player advantage, as they rank among the conference leaders in fewest penalty minutes and the best in converting on their power plays.

Despite leading the league in penalty minutes, the Lady Continentals have done a tremendous job at preventing their opponent from scoring on their player advantage. Hamilton has stopped almost 83 percent of their opponent's power plays giving them the sixth best penalty kill unit in the NESCAC. The longer that the game remains close, the better shot the Continentals have to come out with a victory, as Trinity has been known to give up late goals.

This weekend's match up should provide the team with a great opportunity to go further in the tournament and make amends for the two earlier losses this season.